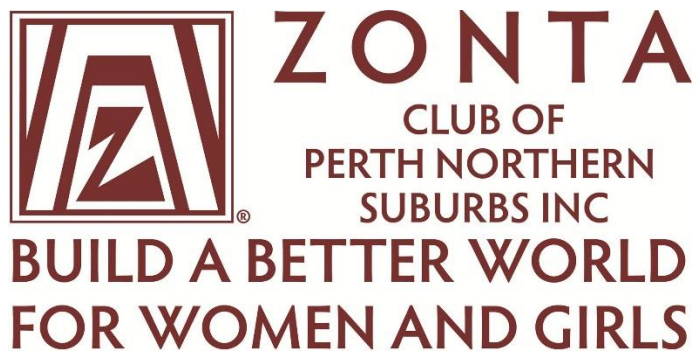




43rd Annual Report
1 April 2023 to 31 March 2024

Office Bearers

President	Sue Pertilé
Vice President	Dr Lesley Andrew
Board Secretary	Alison Martin
Assistant Secretary	Anette Ainsworth
Treasurer	Sue Sofoulis
Directors ..	Connie Coltrona, Jan McNaught, Leanne Sultan

Committee Chairs

Fundraising and Finance	Chris Tapley
Membership	Letitia Depiazzi
Programme	Wendy Dowling AM
Greater Visibility	Irene O'Leary
Service & Advocacy	Jean Wyder
Archivist	Kaye Metaxas
Area 3 Representative	Sue Pertilé
Nominating Committee ..	Wendy Dowling AM, Irene O'Leary, Kaye Metaxas

Awards and Scholarships



*33rd Young Women in Public Affairs Award
Awardee 2023
Amalea Halls (Woodvale Secondary College)*

*Lucy Bohan Nursing Bursary
Awardee 2023
Amy Daniels*



*Area 3 & District 23 Jane M. Klausman
Women in Business Scholarship
Awardee 2023
Pearl Pyae*

Table of Contents

President's Report.....	4
Membership	7
Fundraising.....	8
Annual Financial Report.....	9
Programme	12
Greater Visibility	13
Archiving & Inventory	19
Service and Advocacy	20

President's Report

My second year as President has been full of many exciting and unique moments. I am so proud of the women in our club, we all work well together and treat all members with respect and inclusivity. Our club runs smoothly and professionally because of our knowledgeable and supportive members.

However, I must acknowledge that a third of our Club members are nearing or over 80 and therefore, we need to plan by encouraging our new or younger members to step up to new positions, go on the Board as Directors and attend workshops, conferences and conventions.

At the end of June 2024, we have our International Convention in Brisbane that provides a great opportunity to experience what it feels like to be a part of this enriching organisation and to feel the humanity of all our members coming together from around the world!

We encourage members to be aware of the Zonta Governing Bylaws and to connect to the essence of Zonta for us to continue to be a successful club.

Our club's **Young Women in Public Affairs** and **Jane M Klausman Women in Business** awards were announced at our Gala Dinner held at Karrinyup Golf Club on Wednesday, 9 August 2023. It is always an exciting event, attended by State politicians, local councillors, teachers, sponsors and past awardees. This year awardees were **Amalea Hall** (YWPA) from Woodvale Secondary College and **Pearl Pyae** (JMK) from Edith Cowan University. Pearl later became District 23 awardee and was presented with her Certificate and US\$5,000 at our 2024 International Women's Day event.

Each of our Club's Jane M Klausman Women in Business Area 3 awardees, have also been District 23 awardees three years in a row - well done!

Over the past twelve months, we have been very fortunate to have excellent guest speakers:

- Donelle Slater: *Aboriginal Children Learning Together Program. Balga High School*
- Franca Sala Tenna: *Workplace Equal Opportunity Training Lawyer*
- Jacqui Fletcher: *President of Edith Cowan's Women in Business*
- Marion Fulker: *Chair of Perth Zoo and board member of Infrastructure Australia*

- District Governor Kay Stewart: *The Future of Zonta*
- Carole Theobald: *Zonta Says NOW!*
- Dr Melanie Baker: *ECU lecturer, her story*
- Brooke Canham: *My Journey with a disability*
- Dr Kim Farrington: *Activist and Sexual Assault Physician.*

Last year on Friday, 19 April, ten Zontians took the train to Mandurah to meet up with Dawn and Elaine Newman for our monthly fellowship at Murphy's Irish Pub. We thought it was time for us to go and meet them to show our appreciation for their constant effort of driving up to Perth from Mandurah. Then on Saturday, 29 April we had a wonderful time at the Area 3 workshop hosted by Zonta Club of Perth. The subjects were: investing in people, online pornography and bullying. The ambience was inclusive, and one felt the connection and empathy in the room.

Dagmar Barnes received a WA Volunteer Service Recognition Certificate for her 25 plus years of Zonta service. We both attended the event on Monday, 15 May at Burswood on Swan

At our June 2023 dinner meeting, we had the pleasure of inducting **Tjipo Malaba** to our Club. Sadly, Tjipo is now taking 12 month's leave of absence due to bad health.

At the July meeting, Dawn Newman proposed a toast to Zonta clubs of Ibadan 1 and 11. These two African Zonta clubs have given 50 years of service to their community. It is important for us to remember that Zonta is an international service club and that we are a part of a bigger picture and therefore, have the power to make worthwhile changes to help build a better world for women and girls.

Connie Coltrona once again did a fabulous job organising two **Birthing Kit** assembly days in 2023. One in May was sponsored by Franca Sala Tenna's generous gift of \$5,000 that provided for 1,000 kits to be assembled and the other in September at the Osborne Park Hub where we assembled 500 kits with help from a \$1,500 grant from the City of Stirling. Thank you to **Jill Darby** for submitting the application for this grant.

A huge recognition and congratulations to our wonderful Fundraising Committee chaired by

Chris Tapley. They do an exemplary job in raising money for our club so that we can continue to build a better world for women and girls – a great example, being the May fashion show that raised \$3,180.

We need to continue seeking sponsorship to help us achieve our goals.

We thank Ramsay Health Care for the \$2,000 for our Lucy Bohan Nursing Bursary; another generous donation of \$5,000 from Franca Sala Tenna and \$1,500 from individual donations for the Birthing Kits project; and, also the \$3,000 for Gillian's Gift 2025.

A 2023 evaluation of Gillian's Gift found that all the six ladies benefited and were very grateful for their \$1,000 gift bequeathed by Gillian Cuss. In fact, two ladies said that they were close to giving up and not finishing their degrees. Good to know that we already have \$3,000 for 2025 and will be working to find sponsorship for the extra \$2,000. So far, we have done very well, let's hope the generosity continues.

At our 7 July dinner meeting we had the honour of installing **Dr Lesley Andrew** as Vice President to our Board. Lesley will become President for a two-year term as of June 2024.

The **District 23 Conference** held in Bunbury 1-3 September was attended by 12 of our wonderful Zontians and a great time was had by all!

Service badges were presented to:

Leanne Sultan 25 years
Dagmar Barnes ... 25 years
Marion Brown 30 years
Alison Martin 35 years

Proud to say, our Greater Visibility committee received a **Highly Commended** Certificate for being the only club to submit entries in all five award categories.

The conference had a lot of interesting speakers, and it was especially uplifting to meet some of the young women working hard to make a difference.

Congratulations to our own Irene O'Leary on being asked to be District 23 Greater Visibility Chair for the second year of Kay Stewart's governorship.

Our Club's **YouthGuard** advocacy group had its first meeting 23 August followed by a Zoom meeting 17 October 2023 and will now meet before our dinner meetings at 5.30pm at the

Greenwood Hotel. We have planned an *Open Community Forum* at The Rise Maylands on Monday, 4 November.

Rosemary Donovan facilitated a **Mental Health First Aid training course** at the Osborne Park Hub on 9 and 16 September. Again, thank you to Jill Darby for applying for the \$2,500 grant which allowed us to run this program, and also on 23 September at the same venue assemble 500 **Birthing Kits**. Both events had excellent community support.

Once again, we were honoured to induct two new members **Shanaz Lambat** and **Chris Findlay** at our 1 November dinner meeting. We all look forward to developing a close and professional relationship with you in our common goal of service.

November is our Lucy Bohan Nursing Bursary month and once again, I enjoyed introducing our 2023 awardee **Amy Daniels** to our Club. Ankia Pelsler last year's awardee sent her presentation as she was on a rural practicum at the time. Ankia used her \$2,000 for her tuition fees, full year parking permit, her CPR and manual handling course and her respirator fit test. Any money left over covered *pop-ups* during the year.

Before Amy's presentation, we were very pleased to have Dr Melanie Baker as our guest speaker. Melanie and I have loved our yearly task of choosing the club's Lucy Bohan Nursing Bursary awardee

During the evening, we were also honoured to hear from previous awardees, Morna Frankowiak-Lederer 2009, Lucinda Woodward 2011 and Rochelle-Lee Lock 2013. It is always a delight to hear from our previous awardees.

We also say **a big thank you** to Ramsay Health Care Glengarry for sponsoring the \$2,000 Lucy Bohan Nursing Bursary and it is always a pleasure to have Karen Cunliffe at our Award night.

We decided to have our 2023 Christmas Party at the WA Golf Club Yokine. Thank you to **Jan McNaught** for organising this lovely evening. After a busy year, it was nice to relax and enjoy!

Golden Z Club ECU: The Membership Committee suggested that we look at having a Golden Z Club at ECU. Dr Lesley Andrew and I met up with Vera Riley from Zonta Club of Perth to learn more about procedures, governance and bylaws. Lesley plans to advertise the club in the second semester 2024.

Our club's 2024 budget has not started the year with a healthy amount of money so we will be seeking sponsorship, as well as having successful fundraising events.

This year's International Women's Day breakfast was held on Friday, 8 March. Our guest speaker was Dr Kim Farrington who spoke on the damage of online pornography to our children and youth. We asked attendees to sign and post a letter to The Hon. Michelle Rowland MP, Minister for Communications asking her to support Age Verification for minors online. The morning was a great success judging by the reaction of attendees to the scourge of online pornography directed at our children.

This year, our nominee Emeritus Professor Elizabeth Rakoczy, a science trailblazer was inducted into the 2024 WA Women's Hall of Fame. Club members were honoured to attend this event.

A big thank you to Letitia Depiazzi for recommending Emeritus Professor Elizabeth Rakoczy and to Jean Wyder for filling in the application form. A job well done!

I have now nearly finished my two-year term as your President and have loved every moment.

I have had a fabulous Board that has made my role an easy and enjoyable one.

A big thank you to all our members and supporters of Perth Northern Suburbs club.

Looking forward to continuing my service to help build a better world for women and girls.



Sue Pertilé
President
Biennium 2022-2024

Area 3 Presidents' Meetings

Area 3 Director Pauline Vukelic, together with the five club Presidents met via Zoom to report/update Pauline on each club's progress and achievements. Topics included:

- Perth Northern Suburbs is now paying 100% for our club's breast cushion project.
- Woman of Achievement now an Area award: equitable recognition by not choosing one awardee. It is better to have only three suitable awardees; access to suitable ladies more difficult down south.
- All clubs congratulated Pearl Pyae, Jane M Klausman Women in Business District 23 awardee.
- Common problem, same Zontians active in clubs; we don't want to burn out new members.
- Are young members more TASK oriented than Service? Outcome focus; project committees a better way?
- Dunsborough Workshop: subjects were membership renewal; financial abuse and homelessness.
- Dunsborough has "ditched" Melbourne Cup/old school.
- Perth Foundation for Women: donation to Zonta House project through Perth Foundation for Women is not relevant to three clubs.
- Meeting scheduled for 8 February 2024, did not happen.

Sue Pertilé
President

Membership

Committee personnel: Marion Brown, June Fowler, Kaye Metaxas, Elaine Newman, Liz Wason, Letitia Depiazzi (Chair).

Our numbers continue to hover around 30 – 32 with a high attendance at our General Meetings each month. There is an occasional request for Leave of Absence, usually for a specified period, with on-going health issues for some, including a partner, or a resignation due to a change of location through work placements. Both take their toll.

It is especially important that we try to replace these valuable, contributing members, always aiming to find such people who are still in the work force. Thanks to the Greater Visibility/PR committee, we continue to receive enquiries from several sources, however, these do not always result in any positive outcomes. We follow up with requested and relevant information, which includes the short profile of the next Guest Speaker, with an invitation to attend. A profile on club projects and information is also included in the Visitors pack.

When there is no positive follow up or response from those emails, we do not pursue beyond the second, non-responsive connection – harassment we feel is of no benefit to anyone. In this very digital day and age, the ‘click here and join now’ philosophy does not apply to our club. Perhaps an e-club will eventuate; however, we will continue to monitor and respond to enquiries, on terms applicable to our current membership.

We continue to aim for friendly, well conducted and efficient meetings, with concise, informative reports, always hoping to encourage possible membership from among our guests. Zonta was founded upon the acumen of professional women, and we continue to attract them; in their recent retirement some are seeking a club or activity with a focus on meaningful involvement, an opportunity to use their time and energy, and being involved in the community, hence the importance of conducting tidy, organised, and friendly meetings.

We are being asked to aim for younger members; it could well be our former club awardees who would form the basis of that cohort, though much as they speak of admiring what Zonta does, we don’t come onto their radar for wishing to become involved. That is why we continue to show that looking at our age through their young eyes is not a valid reason for not joining us, while at the same time accepting that we are the women leading the way to making the world a better place for them and their future.

Liz, Marion, and Elaine provide a warm, welcome greeting each month, so no one is left standing alone, and Kaye ensures someone from this committee is seated at the same table as a prospective member guest, to engage without judgement. Table conversations reveal quite a lot about different personalities.

Small personal things matter – we try to include everyone, by mentioning birthdays which we cover with a card and note by mail. We are currently in the process of moving towards electronic greeting cards, especially with the cost of postage going up and AustPost delivery days becoming more sporadic. It is agreed that this method can have the benefit of being able to be personalised, wording each message to suit. In another area, we try to acknowledge the ‘in-between’ anniversary dates which do not receive official recognition, the ones that remind us all how quickly time passes, to also underline our appreciation that everyone’s time adds value to the club. Occasionally there is even a surprise presentation of flowers to a quiet busy person who happily does so much, often unseen, though not entirely unnoticed by one “Mrs Feel Good”.

Our committee usually meets each month, though we have been known to operate online when the mid-winter weather is not conducive, especially for June and Elaine who travel quite some distance. There is great camaraderie over a shared meal, which often segues into our business programme. With Marion undergoing treatment for serious health issues and taking LOA we discussed and decided at our March meeting to ask for an additional member to cover other necessary duties. It is hoped to have this ratified following the AGM.

With so many brochures and pamphlets being distributed at our various functions we are going to be working with the Greater Visibility/PR team for further supplies and updated copies. Kaye has club information at her fingertips which enables us to access forms so therefore such information and detail is readily available.

From time to time, and as is inevitable in a general hotel operation (as opposed to a formal Function Centre) we encounter a few hiccups in relation to equipment, table-seating/placings, and timing of meal deliveries. While this may be an inconvenience at the time, in her usual diplomatic manner, Kaye contacts and advises management. The four menu options are seemingly well received, and dietary requirements are well catered for, via a printed copy for the kitchen staff and for serving staff convenience. We too, at times, have been at fault, though overall we have a good working relationship with the Greenwood Hotel, staff, and management.

Now is also the time to mention the **generosity** of our partnered florist **Anita at Clementines**, who provides all our yellow roses, and multiple bouquets for Special Occasions, according to our specific requirements.

It is with a great deal of gratitude that I thank our diligent and competent Membership and Meeting Committee, who have been my stalwart crew over the past few years as I have been privileged and trusted enough to carry through the task as its Chair. From the Annual Meeting in May, it will be Kaye Metaxas who will be entrusted with the role and who will deservedly carry the title of Chairman, in her already practised and methodical manner. I feel sure we will continue to be a genuinely supportive and caring committee.



Letitia Depiazzi
Retiring Chair, Membership Committee

-----oOo-----

Fundraising

Dedicated Committee members for 2023-2024 are: Dagmar Barnes, Connie Coltrona, Jan McNaught, Palma Phipps, Kath Snashall, Leanne Sultan, Ruth Thomas, Shanaz Lambat, Shelley Williams, Sue Sofoulis and Chris Tapley (Chair).

As the club's bank accounts were healthy, it was decided by the committee to concentrate on the fun in fundraising for this financial year. The goal of the year was fellowship and to take time to socialise with fellow members and partners.

With that in mind, we still persuade fundraising events with our usual enthusiasm.

Our Fashion Parade in May was a huge success with 100 guests and raising \$3,180. The venue was decorated with covered chairs, tablecloths, and platters for our guests. The clothes were very trendy and affordable. It is intended to repeat this event in late 2024.

The other income was generated by recycling (\$415), entertainment books (\$108), merchandise (\$921) IWD raffle (\$1000).

Our team of dedicated ladies work so diligently to fulfil the role of fundraising however the target amount that is required to accomplish our projects is becoming extremely difficult to maintain.

A special welcome this year to Shanaz Lambat who has been a great asset to the group. I would like to take this opportunity to thank the team for their friendship, support, and enthusiasm during the year. It takes a group effort to achieve our goals and target.



Chris Tapley
Chair, Fundraising Committee

INDEPENDENT AUDITOR'S REPORT PERTH

TO THE MEMBERS OF ZONTA CLUB OF PERTH NORTHERN SUBURBS INC.

I have audited the Fundraising/Service Account and Membership Account Statement of Receipts and Payments, being a Special Purpose Financial report of Zonta Club of Perth Northern Suburbs Inc., for the year ended 31st March 2024.

Committee Member's Responsibility for the Financial Report

The Committee Members of Zonta Club of Perth Northern Suburbs Inc. are responsible for the preparation of the Special Purpose Financial Report.

Auditor's Responsibility

My responsibility is to express an opinion on the Special Purpose Financial Report based on my audit. I have conducted my audit in accordance with Australian Auditing Standards. Those standards require that I comply with relevant ethical requirements relating to audit engagements, and plan and perform the audit to obtain reasonable assurance whether the Special Purpose Financial Report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the Report, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the association's preparation of the statement that gives a true and fair view, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal controls. I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

Independence

In conducting my Audit I have complied with the independence requirements of Australian professional ethical pronouncements.

Opinion

In my opinion, the Special Purpose Financial Report fairly reflects, in all material aspects, the financial performance for the year ended 31st March 2024.

Inherent Uncertainty regarding the Completeness of Donations and Subscriptions

Without qualification to the opinion expressed above, attention is drawn to the following matter :-

As is common for associations of this type, it is not practicable for Zonta Club of Perth Northern Suburbs Inc. to maintain an effective system of internal control over donations, subscriptions and other fund-raising activities until their entry into the accounting records. Accordingly, our audit in relation to these income items was limited to amounts recorded.

Basis of Accounting

The Special Purpose Financial Report has been prepared to assist the Zonta Club of Perth Northern Suburbs Inc. to meet the requirements of the Associations Incorporation Act (WA). As a result, the Special Purpose Financial report may not be suitable for another purpose.



GRAEME R JENNINGS BCom FCA
Chartered Accountant

Level 2, 52 Kings Park Road
West Perth, 6005
Date 2/7/2024
Telephone + 61 8 9424 5700
Web www.ac cru.com

PO Box 790, West Perth, 6872
Western Australia, Australia

Liability limited by a scheme approved under Professional Standards Legislation.

Accru Perth ABN 60 676 941 622 is an autonomous and separately accountable member of Accru and CPA Associates International Inc.

Chartered Accountants + Business Advisors
Sydney + Melbourne + Brisbane
Perth + Adelaide + Hobart

Unaudited Accounts

MEMBERSHIP STATEMENT OF INCOME AND EXPENSES

For the period 1st April 2023 to 31st March 2024

	YEAR TO DATE		
	INCOME	EXPENSE	PROFIT/LOSS
			YTD
Membership			
New Member Nomination Fees	\$100.00	\$443.23	-\$343.23
Annual Member Fees	\$6,800.00	\$5,709.49	\$1,090.51
Dinner Meetings	\$10,254.50	\$9,742.60	\$511.90
Miscellaneous Income	\$1,125.00	\$0.00	\$1,125.00
Area -District			
Area Workshop	\$0.00	\$0.00	\$0.00
District Board/Governor Gifts	\$0.00	\$0.00	\$0.00
Committee Expenses			
Speaker/Guests	\$0.00	\$190.00	-\$190.00
Membership (New Badges etc)	\$0.00	\$72.00	-\$72.00
Public Relations & Communications	\$0.00	\$33.00	-\$33.00
Secretarial & Other Expenses	\$0.00	\$0.00	\$0.00
Miscellaneous Expenses			
Bank Fees and Charges	\$0.00	\$0.00	\$0.00
Post Office Box Renewal	\$0.00	\$154.00	-\$154.00
Subscriptions/Purchases	\$0.00	\$110.00	-\$110.00
Account Transfers	\$5,534.00	\$5,534.00	\$0.00
Delegate Expenses			
International Convention	\$0.00	\$0.00	\$0.00
District Conference	\$0.00	\$0.00	\$0.00
TOTAL	\$23,813.50	\$21,988.32	\$1,825.18

Opening Balance 1st April 2023

\$4,786.96

Add Income

\$23,813.50

Less Expenses

-\$21,988.32

Cash Book Balance

\$6,612.14

Balance as per Bank Statement

\$6,612.14

28/03/2024

SERVICE/FUNDRAISING STATEMENT OF INCOME AND EXPENSES
For The Period 1st April 2023 to 31st March 2024

	YEAR TO DATE			BUDGET
	INCOME	EXPENSE	PROFIT/LOSS YTD	
Fundraising Events/Activities				
Entertainment Books	\$108.00	\$0.00	\$108.00	\$200.00
Tea and Fashion	\$3,822.74	\$642.00	\$3,180.74	\$1,000.00
Champagne Tasting	\$0.00	\$0.00	\$0.00	\$0.00
WD Breakfast (2024)	\$4,559.75	\$2,820.00	\$1,739.75	\$1,000.00
Amelia Earhart	\$0.00	\$0.00	\$0.00	\$0.00
Miscellaneous Donations	\$265.50	\$0.00	\$265.50	\$150.00
Quiz Night/Joke Night	\$50.00	\$660.00	-\$610.00	\$3,500.00
Founders Day Function	\$0.00	\$0.00	\$0.00	-\$500.00
Conference Sale Table		\$7.50	-\$7.50	
YWPA Function	\$6,040.00	\$5,692.00	\$348.00	\$1,220.00
Club Merchandise				
Utility Bags	\$204.35	\$0.00	\$204.35	\$50.00
Personal Alarms	\$200.00	\$0.00	\$200.00	\$60.00
Car Stickers	\$42.00	\$0.00	\$42.00	\$0.00
Rose Gift Cards	\$223.20	\$5.50	\$217.70	\$100.00
Rose Pins	\$257.32		\$257.32	
Miscellaneous Income & Expenses				
Dinner Meeting Raffle	\$0.00	\$0.00	\$0.00	\$0.00
Recycling	\$417.10	\$0.00	\$417.10	\$400.00
D23 Donation	\$0.00	\$0.00	\$0.00	\$0.00
ZI Foundation for Women		\$0.00	\$0.00	\$0.00
Other than donations	\$200.00	\$200.00	\$0.00	\$0.00
Mental Health First Aid	\$1,720.00	\$1,004.94	\$715.06	
TOTAL	\$18,109.96	\$11,031.94	\$7,078.02	\$7,180.00
PAYMENT OF CLUB PROPOSED COMMITMENTS				Proposed Payments
District Projects				
Birthing Kits	\$6,444.85	\$7,666.50	-\$1,221.65	\$0.00
Breast Cushions	\$1,340.00	\$113.40	\$1,226.60	\$500.00
Area 3 Projects				
Area 3 Breast Cushion Fund	\$611.00	\$642.32	-\$31.32	\$500.00
Woman Of Achievement	\$0.00	\$0.00	\$0.00	\$0.00
Scholarships				
Young Women in Public Affairs	\$0.00	\$1,505.90	-\$1,505.90	\$1,500.00
Lucy Bohan Nursing Bursary	\$2,100.00	\$2,000.00	\$100.00	\$0.00
Jane M Klausman	\$1,309.00	\$1,640.00	-\$331.00	\$250.00
Gillian Cuss For Nursing	\$3,000.00	\$4,000.00	-\$1,000.00	\$4,000.00
Organisations Supported				
Zonta House Refuge	\$0.00	\$2,059.65	-\$2,059.65	\$2,000.00
ECU Women in Business	\$0.00	\$0.00	\$0.00	\$500.00
Aboriginal Cultural Learning		\$2,000.00	-\$2,000.00	\$2,000.00
Trauma Sensitive Yoga		\$2,500.00	-\$2,500.00	\$2,500.00
International Projects - 1/3rd income raised				
Amelia Earhart Fellow ship Endow ment Fund	\$0.00	\$1,000.00	-\$1,000.00	\$1,000.00
International Service fund	\$0.00	\$1,000.00	-\$1,000.00	\$1,000.00
General Endow ment Fund for Women	\$0.00	\$300.00	-\$300.00	\$300.00
TOTAL	\$14,804.85	\$26,427.77	-\$11,622.92	\$16,050.00
TOTAL	\$32,914.81	\$37,459.71	-\$4,544.90	

Opening Bank Balance	\$ 25,980.62	
Add Income	\$32,914.81	
Less Expenses	\$37,459.71	
Cash Book Balance	\$21,435.72	
Balance as per Bank Statement	\$21,435.72	28/03/2024

Programme

The aim of the programme is to have a diverse number of speakers from a variety of interest areas, in keeping, as much as possible, with monthly themes.

Members are also very proactive in forwarding to the Programme Coordinator very welcomed suggestions for possible speakers.

The club values the importance of interesting speakers not only to add interest for club members, but also as a means to attract potential members to the club.

Each speaker receives information about Zonta. The budget is up to \$25 for a gift depending on the age and gender of the speaker e.g. flowers, pot plant, wine etc. They also receive a specific Zonta memento such as our Perth Northern Suburbs utility bag and rose cards.

A variety of members are invited before the meeting to introduce the speaker and also at end of the presentation to thank the speaker on behalf of the club.

At all times, after the presentation the Programme Coordinator sends a thank you letter to the speaker.

The Programme Coordinator works closely with the committees of Membership, the Web Coordinator and the Greater Visibility Committee.

I would like to say thank you to **Irene O'Leary** for organising the data projector and screen equipment. Also, a big thank you to both **Dawn Newman** and **Irene O'Leary** for coordinating the publicity for the speakers.



Wendy Dowling AM
Programme Coordinator

2023-24 Meeting/Theme	Speaker
Apr 5 Women in Administration	Franca Sala Tenna
May 3 AGM, General Meeting and The Environment	Marion Faulkner AM
Jun 7 Change Over Dinner and 42nd Birthday celebration	No speaker
Jul 5 Peace & Empowerment	Tjipo Malaba – “My Journey”
Aug 9 YWPA Awards and Jane M Klausman Women in Business Scholarship	Awardees
Sep 6 The Future of Zonta	District 23 Governor – Kay Stewart
Oct 5 Status of Women/United Nations	Carole Theobald – Zonta says NOW to gender-equality, climate action
Nov 2 Lucy Bohan Nursing Bursary	Dr Melanie Baker
Dec 6 Christmas function	No speaker
Feb 7 Planning meeting	No speaker
Mar 6 General Meeting	Brooke Canham – “Sharing my Journey”

Greater Visibility

April – May 2023

Birthing Kits: On 29 April, The POST newspaper featured an article aimed at bolstering volunteer recruitment for our club's birthing kit assembly day on Saturday, 13 May at All Saints Floreat Uniting Church.



Franca Sala Tenna, founder of Online Compliance Training Australia, generously sponsored the 1,000 kits, with over 40 dedicated individuals helping to assemble them.

New Zonta Tagline: Dawn Newman undertook the task of integrating the new ZI tagline, "Build A Better World for Women and Girls" into our club logos. Dawn diligently ensured that all our stationery reflected this new branding and distributed the updated logo to all members. Additionally, Irene O'Leary uploaded the revamped logo onto our website, further solidifying our commitment to the cause.



June 2023

New Member: The Greater Visibility team welcomed a valuable addition in June, Tjipo Malaba. Her induction into our club brought a fresh wave of talent, passion and enthusiasm that has already made a significant impact on our community. We are truly honoured to have her as part of our team.

Greater Visibility's Roles, Responsibilities and Procedure Manual: The manual undergoes a thorough review every 2-3 years, with the most recent assessment, version 3, released in December 2020. Following a comprehensive examination, an updated version 4 completed in July 2023, was circulated to the team for reference and implementation.

August 2023

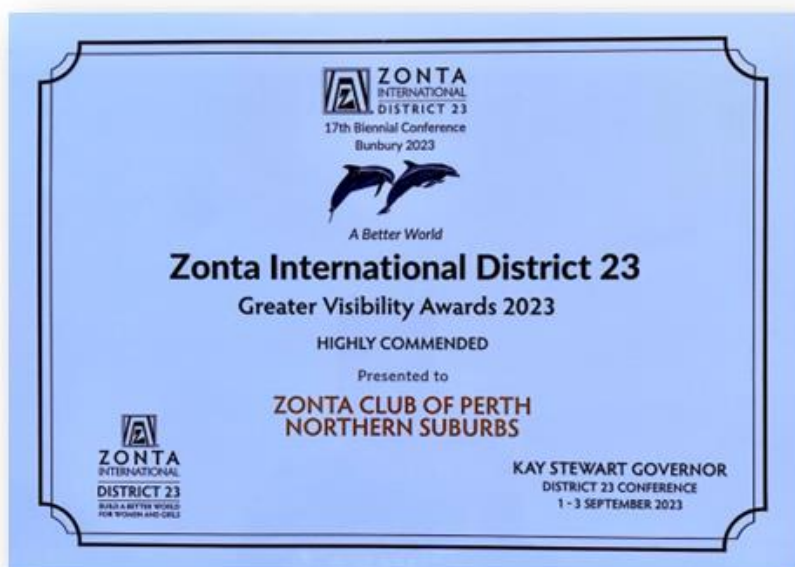
YWPA & JMK: PerthNow featured an article on 24 August highlighting the recipients of our Young Women in Public Affairs (YWPA) and Jane M Klausman Women in Business (JMK) Awards which took place on 9 August at the Lake Karrinyup Country Club.



Above: YWPA Awardee Amalea Halls (centre)
with finalists: Nikita van Waaijenburg (left) and Fatima Merchant (right)

September 2023

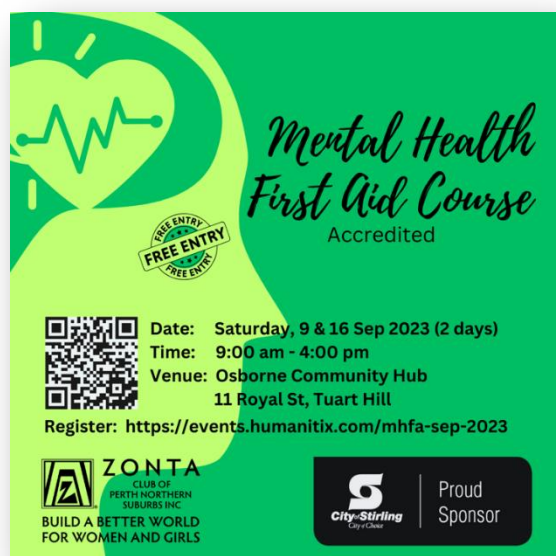
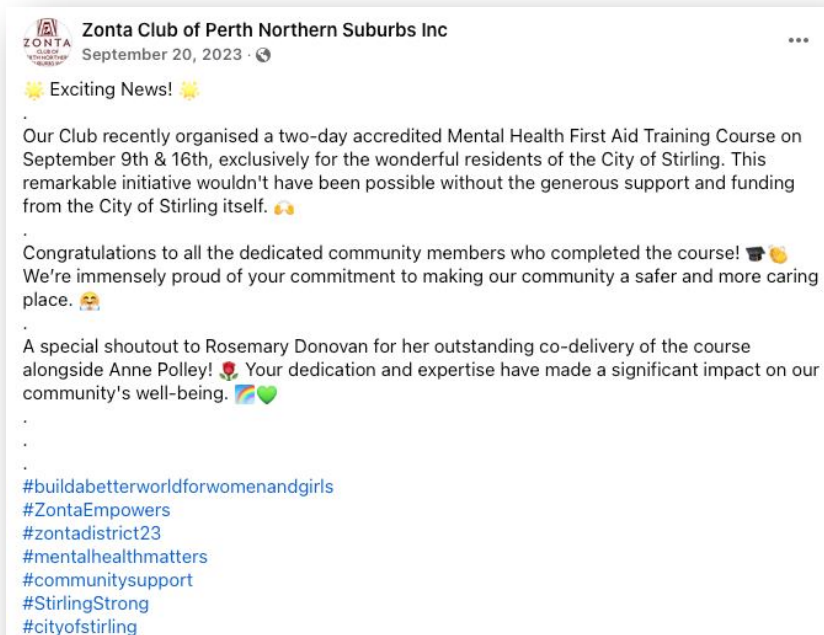
ZI District 23 Conference Bunbury: On 3 September, our club was presented with the Greater Visibility Awards 2023 Highly Commended certificate in recognition for entering all six categories.



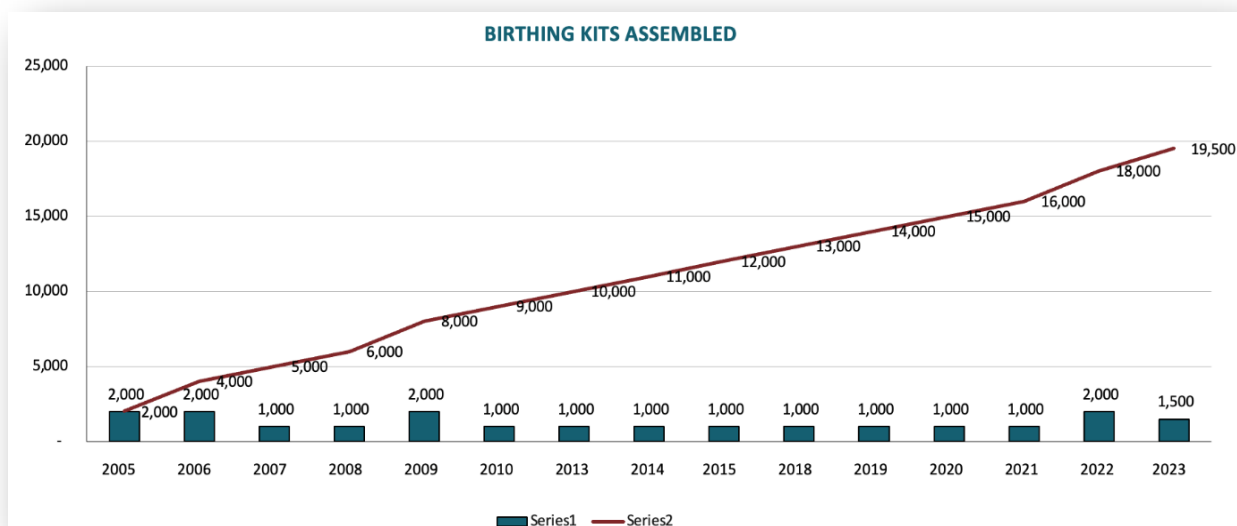
September 2023 cont'd

Mental Health First Aid: Our Mental Health First Aid Accredited Course was conducted by our club over two full days on Saturday 9 and 16 September held at Osborne Community Hub. This event was proudly sponsored by the City of Stirling. The news was shared across our social media platforms.

As a non-profit organisation, we are privileged to utilise Canva's premium features, granting us the ability to craft distinctive social media posts such as this.



Birthing Kits: On 23 September, our club hosted its second birthing kit assembly day of the year at the City of Stirling's Osborne Park Community Hub. This event was also proudly sponsored by the City of Stirling. With the dedicated support of our volunteers, we accomplished the assembly of 500 kits. The completion of 1,000 kits in April contributed to our cumulative total of 1,500 kits assembled in 2023. This collective endeavour contributes to our club's remarkable tally of 19,500 kits assembled to date.



October 2023

Member relocation: We lost one of our committee members, Jenny Gleeson, due to her relocation to Mandurah. As a result, she was no longer able to continue her role within our committee and club, but we extended our gratitude to Jenny for her valuable contributions and wished her all the best in her new endeavours.

November 2023

Member gained: The Greater Visibility team gained a second new committee member in 2023 and welcomed Chris Findlay to our group. Her induction into our club has infused a new surge of talent, passion and enthusiasm, leaving a notable imprint on our community. We are grateful to have Chris as a valuable member of our team.

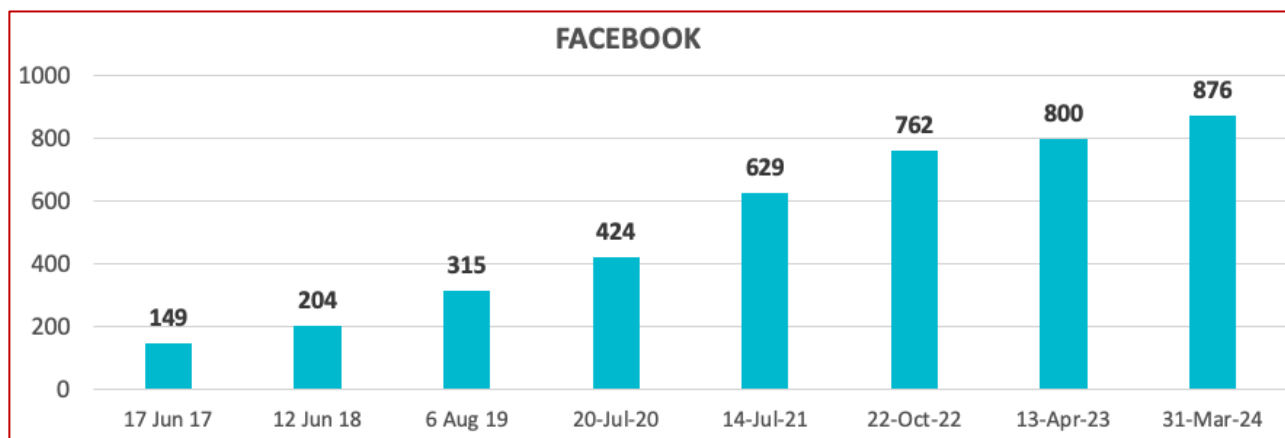
January 2024

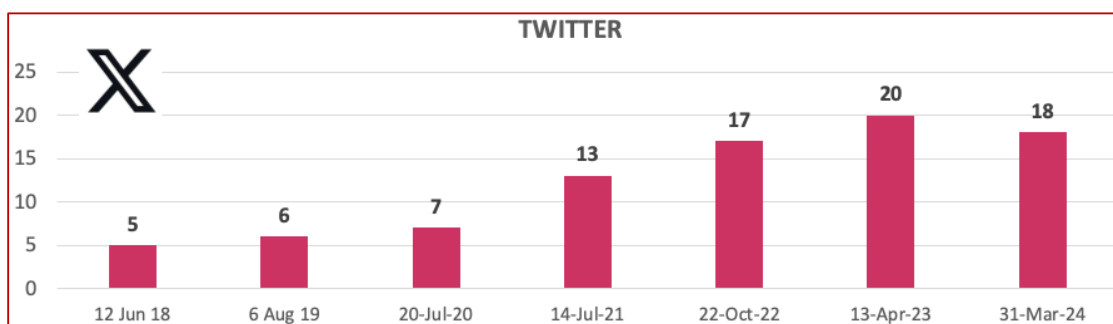
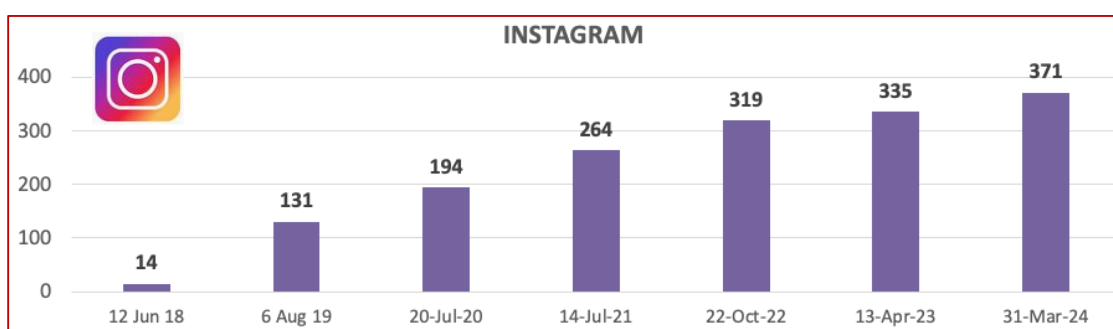
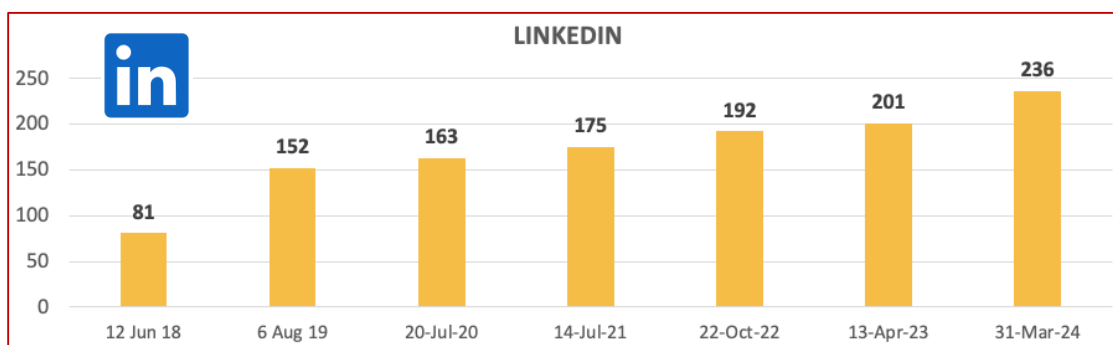
Dawn Newman: Our GV team member, Editor of The Zontapreneur, also maintains our Club Directory and Member Contact List, was awarded the Medal of the Order of Australia (OAM) for her outstanding service to the community through Zonta International and her contributions to cricket. She played three test matches for the Australian Women's Cricket Team in 1968. Dawn's dedication to making a positive impact in our community and her love of cricket has earned her this well-deserved recognition. Her commitment to service and passion for the game is truly inspiring.



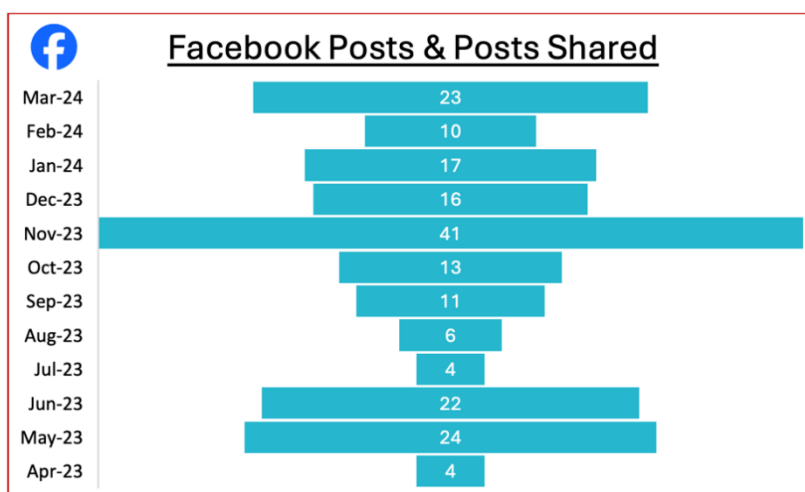
Social Media and Networks

Statistics: Below are our statistical social media records from 2017 to 2024. The graphs show growing numbers of followers across our social media sites except for "X" where we've lost 2 followers. We are consistently working on expanding our presence across all social media platforms.





Facebook posts and shared posts: shared: In November, we spearheaded the “Zonta Says No” campaign, which is why there was a substantial increase in the number of posts.



Speaker Programme 2023-24

Wendy Dowling, our exceptional Programme Coordinator, has adeptly curated a line-up of captivating and interesting speakers who have not only motivated but also inspired us with their insights and expertise.

- April 2023: Franca Sala Tenna, Director EEO (Lawyer). Title of her presentation was "What made/makes me who I am? Family, faith and (good) fortune!"
- May 2023: Marion Faulkner AM enlightened us with her vast knowledge and experience about our city's future.
- September 2023: Kay Stewart, District 23 Governor shared her insight about the Future of Zonta, focusing on the survival of Zonta over the next 100 years.
- October 2023: Carole Theobald, member of the Zonta Club of Perth spoke to us about Zonta Says NOW to Gender-Equal Climate Action. Carole shared real-life examples of how women and girls are affected by climate change.
- November 2023: Dr Melanie Baker - from a troubled teenager to a highly qualified nurse, her journey serves as a powerful testament to the transformative potential of dedication and perseverance. Her story deeply resonated with numerous members and guests, many of whom found parallels with their own paths, sparking poignant reflections and shared experiences.
- March 2024: Brooke Canham's title of her talk was "Sharing My Journey". Brooke, born with Down Syndrome, stands as a remarkable inspiration to all. Despite the challenges she faced, she achieved numerous milestones, graduating from Year 12 alongside her peers, triumphing with her team to claim gold at the Special Olympics National Games in Adelaide in softball, successfully completing a Certificate 2 in business, and currently working towards obtaining her driver's licence. At just 24 years old, she holds a job and relishes her independence, residing in her own home—an embodiment of determination and resilience.

Thanks to my team - Wendy Dowling AM, Chris Findlay, Nola Hackman, Tjipo Malaba, Dawn Newman OAM and Linda Tinning - and for your continued support. Your dedication and commitment have been instrumental in our collective success and I am truly grateful for your efforts. Let us cherish the camaraderie and collaboration that define our team. Your support means a lot to me, and I am honoured to have such incredible teammates.

Greater Visibility Committee:

Irene O'Leary, Chair
Wendy Dowling AM
Chris Findlay
Nola Hackman
Tjipo Malaba
Dawn Newman OAM
Linda Tinning



Irene O'Leary
Chair, Greater Visibility Committee

-----oOo-----

Archiving & Inventory

Archiving is ongoing with many updated documents being uploaded during the year.

The **Inventory** list of various items and equipment held by office bearers and/or committees is yet to be circulated for updates. The most suitable time for circulation is at changeover. Following this process, a copy of the updated Inventory shall be forwarded to Club Board.



Kaye Metaxas
Archivist

Service and Advocacy

All the Committee members work as a team fulfilling the Zonta mission of building a better world for women and girls.

AWARDS

Young Women in Public Affairs (YWPA) Award

Our 2023 YWPA award dinner was held at the Lake Karrinyup Golf Club, courtesy of Anette Ainsworth being a keen golfer and member. We were very fortunate to have two Silver sponsors this year, Brant Tapley (Chris Tapley's son), from JT Metallurgical Services and Emily Nixon from Bespoke Wills & Estates Pty Ltd. These valued contributions offset the cost of the venue, the dinners for the finalists and a parent, the previous year's awardee, the emcee, and other expenses. We thank our event sponsors for making the event possible.

Our three high-calibre YWPA finalists, Amalea Halls from Woodvale Secondary College; Fatima Merchant from the University of WA and Nikita van Waaijenburg from Mount Lawley Senior High School, all whom spoke about the "**women who inspire them the most**". They were all very convincing and exemplify the true essence of Zonta, and we wish them the very best in their future endeavours. The Judging panel had great difficulty in selecting the YWPA awardee for 2023, Amalea Halls and she has now been put forward for District/International level judging. The other two finalists received a \$250 Gift Card. Our previous year's awardee Jasmina Nikolovski inspired us with an update of her year. Our emcee was again Dr Demelza Ireland, the 1996 recipient of this award, who once more did a magnificent job of making the finalists feel comfortable and acknowledging their achievements.

The function was attended by the finalists' parents, their friends, teachers; District 23 Foundation Ambassador, Alison Martin; Area 3 Director, Pauline Vukelic; President of Zonta Club of Perth, Victoria Nazer as well as The Hon. Ms Ayor Makur Chuot MLC representing The Hon. Sue Ellery BA MLC, Minister for Finance; Commerce; Women's Interests; Ms Libby Mettam, MLA Member for Vasse and Shadow Minister for Health; Mental Health; Prevention of Family & Domestic Violence; Councillors: Teresa Olow, Elizabeth Re and Lisa Thornton (Stirling),

Nige Jones (Joondalup), James Rowe and Natalie Herridge (Wanneroo), Ms Irene Stainton AO and important members of the community. We were also privileged to have 2022 awardee, Jasmina Nikolovski and of course Bradley Greenslade who has attended all 31 events. This success is due to a whole of club team effort.

Jane M Klausman Women in Business Scholarship *Area 3 and District 23 Coordinator, Linda Tinning*

The Jane M Klausman Scholarship is run at Area 3 and District 23 level. Linda Tinning is the coordinator for all five clubs in Area 3 and for District 23.

The work of being Area 3 Coordinator requires liaison by one person (as opposed to individuals from various clubs in the Area) to approach networks, past JMK Scholarship awardees, the university scholarships offices, student clubs and course coordinators to promote the scholarship. Area 3 is the only Area across District 23 that offers an Area Award other clubs offer club awards.

Area 3 offers a substantial financial incentive of \$1,500, sourced on a pro-rata basis from the five clubs in the Area. The JMK Women in Business Scholarship was awarded in 2023 on 8 August 2023 at Perth Northern Suburbs YWPA's Gala Dinner at Lake Karrinyup Golf Club.

In 2023, Area 3 had two applications with Pearl Pyae (ECU, MBA student) being awarded not only the Area 3 Scholarship (\$1,500) but also the US\$5,000 District 23 Scholarship. Pearl Pyae's biography follows.

The awardee of the 2023 Jane M Klausman Women in Business Scholarship was **Pearl Pyae**, nominated by ZC Perth Northern Suburbs.



Pearl was born and raised in Myanmar. Since completing her Computer Science undergraduate degree from the University of Information Technology

(UIT) in Yangon, Myanmar, Pearl followed her passion for technology and entrepreneurship by building an e-commerce business. She migrated to

WA in 2022 to pursue a Master of Business Administration (MBA) at Edith Cowan University. By pursuing an MBA in Australia, Pearl hopes to build experience, knowledge, and skills to further strengthen and expand her business. She has a strong work ethic and believes in resilience, having overcome significant hardships, as a result of ongoing instability in Myanmar, studying full-time, working part-time in Perth and also managing her e-commerce business in Myanmar.

Pearl loves volunteering and engaging in various volunteer roles in both Australia and Myanmar.

Currently, she serves as the Marketing Director at ECU Women in Business. Making contributions to the Myanmar community is hugely important to her, and ultimately her goal is to become a successful entrepreneur and to motivate and empower young women to pursue their dreams.

Materials for the scholarship are available on the ZI website: www.zonta.org/Web/Web/Programs/Education/Women_in_Business_Scholarship.

There you will find:

- A poster to advertise the scholarship
- A description of the scholarship
- The scholarship application form
- Privacy policy and publicity authorization form
- Recommendation letter cover sheet.

Deadline is **24 May 2024** for applications to reach the club's contacts for Jane M Klausman Women in Business Scholarship.

For further information please contact:

Linda Tinning
Jane M Klausman Women in Business
Scholarship Coordinator
Zonta International District 23
ltinning@bigpond.net.au

ZI STEM Scholarship Amelia Earhart Fellowship

Linda Tinning is promoting these awards to various university academics whilst in discussion with them with regarding the Jane M Klausman Women in Business Scholarship.

Area 3 Woman of Achievement Award

As this is a biennial award, there was no 2023 nominee.

Lucy Bohan Nursing Bursary

This year's Lucy Bohan awardee of the \$2,000 Bursary provided by **Ramsay Health Care** is Amy Daniels. Amy is the first person in her family to attend tertiary education. She is a fine example of how an education can enable a woman to lift herself from the constant struggle of survival to providing her two children and herself with a comfortable future. Amy has two teenage children which she raises with the help of her estranged partner. Fortunately, she has a good relationship with the children's father as she has no family in WA as they all live in Ireland.

We are all looking forward to watching Amy grow as she becomes a full-time nurse and discovers the many opportunities available to her once she completes her training.

We would like to thank our sponsor **Ramsay Health Care** CEO Steve Cohen-Jones who was unable to attend but were pleased to welcome Karen Cunliffe and Fiona Legg. Dr Melanie Baker from the **ECU Faculty of Nursing and Midwifery** gave a very interesting talk on her journey of "always learning something new".

Gillian's Gift

Bequeathed \$5,000 was distributed to assist five nursing students in 2023 with \$1,000 each for their clinical placement. They were selected by ECU School of Nursing & Midwifery. Evaluation of the five 2023 recipients has shown that the \$1,000 resulted in huge relief from their worries about completing their practicum. We are confident that **Gillian's Gift**, in honour of Past President Gillian Cuss bequest, is making a huge difference to retaining single mothers in the nursing profession.

WA Women's Hall of Fame

Courtesy of Letitia Depiazzi's suggestion, our club was successful in nominating Emeritus **Professor Elizabeth Rakoczy PhD** for this prestigious honour. Originally migrating from Hungary with her husband and two small children, Dr Rakoczy's journey was one of determination and resilience to initially obtain a position even with her qualifications and extensive experience in molecular biology. Dr Rakoczy founded the Department of Molecular Ophthalmology at the Lions Eye Institute and was the first in Australia to apply molecular techniques to investigate eye

diseases. Her group developed the gene therapy treatment for Wet Age-Related Macular Degeneration. In 2017, Dr Rakoczy received the CSL Florey Medal, so had been recognised nationally and only fitting that Western Australia do the same.

Also, Jill Darby successfully nominated **Esme Bowen** for her 30+ years background in nursing, caring, disability and volunteering. Esme was recognised for her outstanding impact as a WA Director and was awarded the 2023 Director Award for the Excellence in the WA Not-for-Profit Sector by the Australian Institute of Company Directors.

Several club members were present at Government House for the induction of the twenty inspiring women of whom we were all so proud.

SERVICE & ADVOCACY

Breast Cushion Project – Kath Snashall

We had three sewing/stuffing days, two Zonta and one craft group. We produced 75 cushions this year. Some of the shells we stuffed were made by the ladies at Bandyup. Total expenditure was \$274.70 the majority of which was for the hobby fill stuffing. Our club's total number of cushions is now 2,368.

Our **Area 3 Breast Cushions Project Coordinator, Elaine Newman**, advises that our Zonta Breast Cushions are still in great demand and in the twelve months since March 2023 again, as in previous years, 700+ cushions have been provided to hospitals and breast cancer support groups in the metropolitan area, plus to McGrath Breast Care Nurses in country areas. Additionally, the Zonta Club of Bunbury supplies the South West Health Campus with cushions.

Dunsborough, Peel and Perth Northern Suburbs Clubs, plus the Textiles Division of Bandyup Women's Prison continue to support this service project. BWP provide 30 sewn and embroidered cushions per month and these 'shells' are then completed by Zonta members, friends and craft groups.

During the year a number of donations have been received from grateful recipients and a very generous donor provided funding to help with the purchase of fibre fill and materials.

Birthing Kits Project – Connie Coltrona

(Area 3 and Club Birthing Kit Coordinator)

A generous donation of \$5,000 from Franca Sala Tenna in appreciation and admiration of attending the previous assembly day, produced 1000 Birthing Kits which were assembled at All Saints Floreat Uniting Church Hall on Saturday, 13 May 2023.

A grant obtained by Jill Darby from the City of Stirling Community Grants Program and Zonta Club PNS produced another 500 kits at the City of Stirling Community Hub in Osborne Park.

Homelessness – Leanne Sultan & Jan McNaught

We Care Perth are a community not-for-profit organisation that provides a fresh food market and prepared meals for the homeless on a Tuesday night in the Perth city. The club has provided about 300 stewed apple packs and approximately one thousand meal packs for distribution to those that require extra support with meals during the week. Each meal pack contains cereal, milk, cracker biscuits, tuna and a fruit pack with a bowl, spoon and serviette. There have also been several donations of clothing that have been handed over to the **Homeless We Care Service** van for distribution. Thank you to members who have donated items and/or money towards this program.

Zonta House Liaison – Letitia Depiazzi

It has been a relatively quiet period for collections this year. There was a specific request for no used clothes and nor were toiletries required. Non-perishable food items are always welcome.

Our members were most generous when it came to winter sleepwear and warm articles such as scarves slippers and socks. Snuggly warm dressing gowns were seen in several bags.

Our Christmas collection was interesting as many chose to add Gift Vouchers for food or general stores catering for teenager's tech items, books, and games. While we tend to think mainly of the women caught up in these situations, I feel that we often overlook the vulnerable young people, so members should feel proud of the quality and quantity of gifts we provide.

As our club invites staff to our Christmas Function, we get an opportunity to meet these young ladies and more importantly, helping them load up their

vehicles with a wide variety of boxes and parcels is a pleasure. Because so many choose to drop off at my home address, there is usually another carload of presents to follow next day.

To finish off the calendar year, we have a Wrapping Day where 10–12 members spend several hours in good spirits, filling bags with staff preselected items which we cover to the best of our ability – odd shapes and sizes are a challenge. We are but one group who attend to this activity, as there are many, many bags and items already completed, and we leave with still more to be dealt with. Sadly, we see so many broken families represented in these parcel- crowded rooms.

To finish off the year, with Mother's Day in May, and to herald the arrival of cooler weather, we are once more into the winter cycle of seeking and supplying some warmth and comfort to those women we know to be in dire need of our compassion.

I sincerely **thank you**, our members, and your friends who support our Zonta House, as we strive to improve and even brighten, in our small way, the lives of these less fortunate women.

ADVOCACY

Zonta House Refuge Association (ZHRA)

Rosemary Donovan

This has been a very busy year for ZHRA, with the completion of their new state of the art refuge and transitional facility, 'Koort Kulaark' comprising a 10 bed communal refuge, administration building and 18 independent living units.

Koort Kulaark means 'heart of the home' in the local Noongar language and is reflective of the role the refuge and associated programs will play in the lives of the residents. We are very grateful for the guidance and input of local Aboriginal elders in the development of the centre and programs.

The new cultural Framework for ZHRA is now completed and forms an integral part of their role moving forward.

Due to health issues, I have now had to resign my position on the Board and Governance sub committees and wish all involved in the ongoing good works of the association.

In conclusion, I have been honoured and happy to do my small part in the wonderful work that this organisation continues to achieve, in conjunction with the many supporters and of course, with the generous donations from Zonta Club of Perth Northern Suburbs.

March Against Domestic and Family Violence

During the 16 Days of Activism on a scorching hot day, Tuesday, 5 December 2023 club members attended the annual **March Against Domestic and Family Violence** in their bright orange t-shirts. They met in a huge marquee at Forrest Chase surrounded by trestles manned by various organisations.

There was a huge gathering of women and men from a range of domestic and family violence services, government, WA Police and members of many organisations and community members. After a moving ceremony to honour victims and survivors of domestic and family violence and to Say NO to Violence Against Women and Children, the group walked through the city, demonstrating a shared determination to drive change.

The WA Chamber of Minerals & Energy coordinated this year's 33rd March Against Domestic and Family Violence which was led by the NGO Centre for Women's Safety and Wellbeing, with Verity James again emcee for the event.

University Contacts

ECU Women in Business Club Liaise

Linda Tinning is also the Zonta Perth Northern Suburbs' (ZPNS) club liaise for the ECU Women in Business Club (ECWiB) and the Club has been supportive in promoting the Jane M Klausman Women in Business Scholarship. Some of the past members of the ECWiB Club have been very good mentoring past applicants for the Jane M Klausman Women in Business Scholarship.

ZPNS has been a sponsor of the ECWiB since its inception in 2017 and has in the past sponsored their annual network event with \$500 contribution for the event. In 2023, the ECWiB did not call upon ZPNS for its \$500 sponsorship as the ECWiB organised a more low-key event.

ZPNS values its support of the ECWiB as way of promoting and supporting our future business leaders.

Mental Health First Aid Training - Jill Darby

The Club received a Community Hub grant of \$2,500 from City of Stirling in 2023 to undertake Mental Health First Aid Training and a Birthing Kit Assembly to engage the community in mental health skills and volunteering.

The Club undertook to activate the Osborne Park Community Hub over two Saturdays, 9 and 16 September 2023 to deliver free community and stakeholder Mental Health First Aid (MHFA) training to build knowledge and skills of participants which can be transferred and shared to others in their family, workplaces and community. The 12 hours of training to satisfy Accreditation Training was conducted by two accredited instructors, ZontaPNS member Rosemary Donovan supported by Anne Polley from ECU. Fourteen participants attended, drawn from multicultural backgrounds providing valuable input to the discussions and scenarios undertaken during the training. They all satisfied the course requirement modules.

Those who attended found the course to be very useful and gave excellent feedback after the event. Each of them concurred that MHFA will be extremely helpful as they all have family, friends and colleagues who may struggle with mental health issues now and in the future. The applied skills practised in the training will assist in further supporting the general community where four participants represented agencies supporting the City community.

Some of the participants written feedback received at the conclusion of the training included:

"Patient, kind and approachable".

"I definitely left the course with more knowledge and lots of confidence".

"Thankyou Rosemary, for a most interesting and enlightening experience".

"Presenter was knowledgeable and made the information easy to assimilate".

"I sincerely want to say a very warm thankyou and well done on the delivery of the course outline. Your simplicity and pouring out of knowledge is/will not be taken for granted. I consider that you are a book to be read because you made the class so lively and comfortable for all participants, especially me".

"It was an engaging 2 days and run professionally".

The MHFA project was the inaugural accredited training for our Zonta Club and we look forward to offering in future this type of initiative to support mental health skills development while enhancing the wellness of community and stakeholders delivering services. Having mental health first aid skills means that people can assist someone developing a mental health problem or experiencing a mental health crisis and make a real difference in the community. The training builds social connectedness opportunities by providing a sense of safety, skills in non-judgemental listening and reassurance with this education.

The participants completed the short assessment with the help of the manual in their own time. Upon passing the assessment participants received a Certificate of Assessment which is valid for three years. They have access to regular free webinars from MHFA Australia on topics to consolidate their training. Those who did not complete the assessment, can download a Certificate of Completion.

Trauma Sensitive Yoga (TSY) Course

TSY is an evidence-based modality of yoga specifically developed for survivors of trauma. Current research indicates that trauma experiences can be held in the body and then be experienced as tension, anxiety, depression, pain, dissociation etc. This type of yoga helps the adult survivor to reconnect with their body in a safe way and facilitate a gentle release of some of the trauma held. This can reduce the trauma symptoms and improve wellbeing.

Our club proudly sponsored the TSY program delivered in February to participants via a six week online virtual course, held once a week. It was facilitated by a qualified yoga instructor and counsellor who is accredited in the specialised area of TSY and has more than 25 years' experience in human services.

The six online sessions were held on Sunday mornings from 10:00am to 11:00am.

Participants were either current or former clients of Phoenix Support and Advocacy Service (Phoenix). All received counselling support from Phoenix and were assessed as to whether they were ready to participate in a Trauma Sensitive Yoga course.

Eleven clients attended the course, between one and six sessions. A maximum of seven clients attended each session. Feedback from clients was overwhelmingly positive. 75% of respondents rated the course “very helpful and benefited from participating”, 25% rated the course “beyond their expectations and gained a lot from participating”. 100% would recommend the Phoenix TSY course to others.

International Women’s Day (IWD) Breakfast

Shelley Williams most ably organised our seventh International Women’s Day Breakfast held at the Marmion Angling and Aquatic Centre. It was a delightful scene upon entry with views out across the Indian Ocean. Considering there were many other events competing for guests we were delighted that the Leader of the Liberal Party, Libby Mettam MLA, found time out of her busy schedule to attend along with Mayor Mark Irwin (City of Stirling), Deputy Mayor James Rowe JP (City of Wanneroo) and Kath Mazzella OAM (Area 3 Woman of Achievement 2005).

A Senior Forensic Practitioner, Dr Kim Farrington’s presentation certainly threw some light on how pornography is affecting society, especially school-age children, and its relationship to sexual assault.

Dr Kim worked at the Sexual Assault Resource Centre for 19 years, was a Founding Fellow of the Faculty of Clinical Forensic Medicine of the Royal College of Pathologists of Australasia and served on several National Committees. Some of the statistics Dr Kim shared regarding pornography were extremely confronting and mind-blowing to most of those attending the Breakfast. Our Club is passionate about addressing this matter through our advocacy platform YouthGuard.

YouthGuard Advocacy

Our Club President, Sue Pertilé, decided to form a subcommittee in response to the inaction of our Australian Federal Government in committing to a trial of Age Verification to help protect our children from the scourge of violent pornography. We are about protecting children and their access to online pornography which is not acceptable and is violating our children’s human rights.

YouthGuard in partnership with eSafeKids, Kayelene Kerr will be launching a community forum at The Rise on Monday, 4 November. We plan to continue these forums throughout the suburbs to build a groundswell of public concern to pressure the Federal Government into action. We have been very surprised by the support being offered by prominent workers in this field.

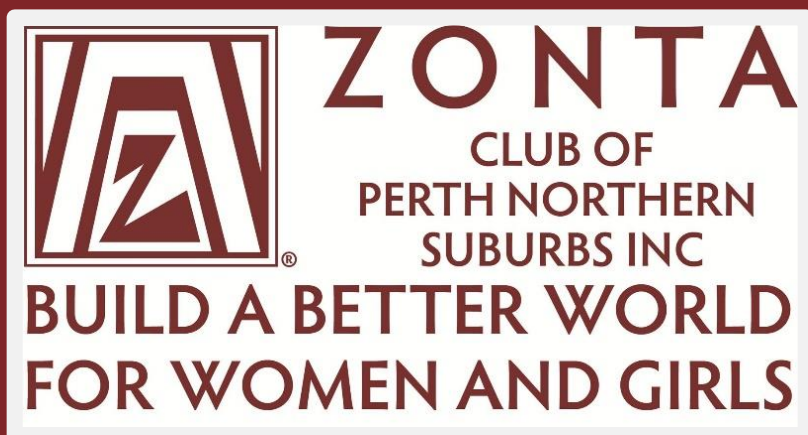
It is time to involve the public as the government is not listening to our academics and workers in this field. Zonta has the potential to build this groundswell throughout Australia.

So! a very busy year indeed and many thanks to all those involved, it certainly is a whole of club team effort and all contributions were very much appreciated.



Jean Wyder
Chair, Service and Advocacy Committee





Membership

*The **basis** of membership is **classification**.*

*The **joy** of membership is **fellowship**.*

*The **obligation** of membership is **service**.*

*The **life** of membership is **attendance**.*

*The **privilege** of membership is **yours**.*

PO Box 255 KARRINYUP, Western Australia 6921

Web: www.zontaperthns.org.au Email: secretary@zontaperthns.org.au

ABN: 69 616 440 942 Assoc. No: A1000362L

Charitable Collections Licence CC22522