



42nd Annual Report
1 April 2022 to 31 March 2023

Office Bearers

President	Sue Pertilé
Vice President	Rosemary Donovan
Secretary	Alison Martin
Assistant Secretary	Anette Ainsworth
Treasurer	Sue Sofoulis
Directors ..	Connie Coltrona, Leanne Sultan

Committee Chairs

Fundraising and Finance	Chris Tapley
Membership	Letitia Depiazzi
Program	Wendy Dowling AM
Greater Visibility	Linda Tinning
Service & Advocacy	Jean Wyder
Archivist	Kaye Metaxas
Area 3 Representative	Sue Pertilé
Nominating Committee ..	Wendy Dowling AM, Irene O'Leary, Kaye Metaxas

Awards and Scholarships



**32nd Young Women in Public Affairs Award
Winner 2022
Jasmina Nikolovski (Duncraig Senior High School)**

**Lucy Bohan Nursing Bursary
Winner 2022
Ankia Pelser**



**Area 3 & District 23 Jane M. Klausman
Women in Business Scholarship
Winner 2022
Amy Zahra**

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President's Report

My first year as President has been full of many memorable moments!

I am so proud of the women in our Club. We all work well together and treat all members with respect and inclusivity.

Our Club runs smoothly and professionally as a result of our knowledgeable and supportive members.

However, I must acknowledge that a third of our Club members are near or over 80 and therefore, we need to plan by encouraging our new or younger members to step up to new positions, go on the Board as Directors and attend workshops, conferences and convention.

We need members to be aware of the Zonta Governing Bylaws and to connect to the essence of Zonta for us to be a successful Club.

Our club's *Young Women in Public Affairs* and *Women of Achievement* were both announced on 3-Aug-2022 at our Gala Dinner with 96 guests in attendance at the Hillary's Yacht Club.

Area 3 Director, Pauline Vukelic presented the YWPA award to Jasmina Nikolovski Duncraig Senior High School student and *Women of Achievement* award to Penny Hooper from Days for Girls, an organization that attempts to address the problem of Period Poverty by providing reusable kits for their cycles.

The Young Women in Public Affairs gala dinner is an annual highlight for our club as it allows us to invite State politicians, local councillors, teachers, sponsors, past awardees and is a wonderful night for networking and companionship.

Connie Coltrona has continued her good work as *Area 3 Birthing Kit Coordinator* - her continuous networking endeavours with Rotary Club of Northbridge resulted in May-2022 a generous donation of \$5,000 to assemble 2,000 kits.

Also, arising from that assembly day, a volunteer, Franca Sala Tenna promised a donation of a further \$5,000 to pack another 1,000 kits.

Our Club has now assembled 18,000 Birthing Kits.

With the help of Chris Tapley and Shelley Williams, our Club donated around \$400-\$500 worth of toiletries to Ruah, a WA based community service provider who help to empower the vulnerable and disadvantaged.

Following her attendance at the Zonta International Hamburg Convention in June, Alison Martin was our guest speaker in September. She gave a brief overview of the business and several highlights of this important event.

One of the business items of any convention is to set the Goals for the next biennium. Our focus is on:

- ❖ Stand out for gender equality
- ❖ Represent global citizenship
- ❖ Develop future leaders
- ❖ Celebrate ourselves - position Zonta for the future.

Rosemary Donovan a trained *Mental Health Aid* instructor held a successful workshop for staff at Ishar Multicultural Women's Health Services with 16 lovely women to help them better understand and work with vulnerable female clients. We plan to hold more of these workshops in 2023.

Kath Mazzella OAM was front and centre stage at the International Gynaecological Awareness Day, "Red Knickers Day" held on 10-Sept at Kings Park. Kath works tirelessly educating women about their bodies with the intent that early intervention will save lives.

Each year on 24-Oct, United Nations Day is celebrated. We were pleased again to welcome Dr Sandy Chong, President of the United Nations Association of WA. to speak at our 5-Oct dinner meeting. Dr Chong's presentation referred to "Sustainable Development Goals for Business" which coincidentally reflected on many of our Zonta Goals: Quality Education, Gender Equality and Climate Change.

Through our Club's connection and financial support of Trauma Sensitive Yoga programs for adult survivors of historical child sexual abuse, on 12-Oct-2022, Leanne Sultan and I attended the Phoenix Support and Advocacy Service's Conference. The theme was "Creating Compassionate Communities".

We learnt about the effect today that pornography has on the minds of young children and adolescents.

One of Zonta's Objects is to promote justice and universal respect for human rights and fundamental freedoms.

We are forever mindful of those women who do not have those privileges especially young Iranian women who are dying and being imprisoned for these human rights.

Our **Champagne Tasting** fundraiser on 16-Oct was another successful afternoon with Master of Champagne, Steve Leslie. The day was an absolute delight and we all got a bit tipsy on wonderful champagne.

A vibrant group of Edith Cowan University business students held on 20-Oct their annual networking event **Break the Glass**. Since its inception our Club has been associated with, and sponsored, this group in a modest way. To date, three of these women have been rewarded with **Jane M Klausman Women in Business Scholarships**.

Linda Tinning and I attended this very successful and enjoyable evening.

As was the case last year, a group of our members joined staff of Zonta House Refuge Association at the Freshwater Bay Yacht Club for another fabulous Melbourne Cup luncheon to raise funds for the refuge. It was a worthy and enjoyable experience.

We have three new members Dr Lesley Andrews, Gillian Elder and Ruth Thomas. We are looking forward to working with these ladies and encouraging them to be active Club members.

Lucy Bohan Nursing Bursary dinner meeting on 2-Nov-2022 was an outstanding success.

We listened to six of our previous Bursary winners speak about their nursing careers as well as emails and video reports from the other seven previous winners who could not make it for various reasons.

Ankia Pelser our 2023 winner was in awe of the previous awardees and said she didn't realise that a Nursing degree offered so many opportunities.

Our Lucy Bohan sponsors, Ramsay Health Care attendees had a fabulous evening.

The biennial **Founders' Day lunch** was another huge success for our Club.

The change of program to include the interviewing of the five Women of Achievement and the Jane M Klausman Women in Business Awardee was hugely successful. Lyn Foreman OAM was a delightful interviewer who encouraged the women to reveal their own little quirks and experiences.

Prior to the passing of Gillian Cuss, past member and Past President generously donated to the Club a gift that would help women struggling to finish their Nursing degrees.

Gillian's Gift is now in place at Edith Cowan University to help five women a year with \$1,000 with their practical placements.

The main criteria being that the woman must be a single mother and in need of extra money to complete her practical placements.

We celebrated our 2022 December Christmas Dinner at Letitia and Ambrose's residence. The Board members provided the delicious food and a good time was had by all.

Members are always asked to bring unwrapped gifts to be donated to Zonta House and on the following Thursday, 15-Dec, members helped wrap donated gifts for Zonta House.

Our **Fellowship** morning at the Bodhi Tree on Wednesday, 21-Dec was changed from morning tea to lunch for our Christmas celebration. Good food, excellent conversation and wonderful company.

We have no formal dinner meeting in January and decided to have a clear break as the last six months had been very busy.

Our February dinner meeting was our 2023 budget meeting where we discussed which programs we will continue to support and look at new ideas.

Our tried and true are: Zonta House Refuge, Birthing Kits, Young Women in Public Affairs, Lucy Bohan Nursing Bursary, the Jane M Klausman Women in Business Scholarship, Breast Cushions and Trauma Sensitive Yoga.

This year we have decided to sponsor two Aboriginal girls with \$1,000 each, who are in the Aboriginal Children Learning Together Program at Balga Senior High School.

Linda Tinning is now the District 23 Coordinator for the Jane M Klausman Women In Business Scholarship whilst Dr Bev McNamara is on twelve months' leave.

Amy Zahra our Club and District recipient has been awarded a US\$5000 Zonta International Jane M Klausman Women in Business Scholarship.

Carolyn Punster was guest speaker at our March dinner meeting. Carolyn, a volunteer for the Stroke Foundation, presented and informed us more about strokes and more importantly, "to act fast, don't hesitate."

International Women's Day event held 10-Mar was a huge success with more than 80 guests treated to a tasty breakfast and then a presentation by Dr Barbara Nattabi on "Embrace Equity" - the gift of Education, is the gift that keeps on giving.

Thanks to great prizes acquired by Ross and Wendy Dowling AM, our raffles allowed us to raise \$3,309.64 - a great effort by all.

Three Zontians attended this year's Western Australian Hall of Fame Induction Ceremony. Sixteen women were inducted this year. Their achievements were in the areas of scientific, social, economic, historical, cultural and political endeavours, all of which have added value to our State.

On 16-Mar, Linda Tinning attended a fundraiser breakfast at Frasers in King's Park to support 30 years of work that Ishar has been undertaking in the areas of Multicultural Women's Health Services. The focus was to raise funds for Ishar's Young Women Services.

I have now nearly finished my first-year presidency and I have loved every moment.

I have a fabulous Board which has made my role an easy and enjoyable one.

Thank you to all our great members and supporters of Perth Northern Suburbs Club.

Looking forward to the next year!



Sue Pertilé
President
Biennium 2022-2024

Area 3 Presidents' Meetings

Area 3 Director Pauline Vukelic, together with the six club Presidents, Conference Coordinator Jo Wittorff, Area 3 Advocacy Coordinator Faith O'Brien and Tyril Houghton met via Zoom on 15-May-2022 to discuss our future re **Advocacy** and **Zonta Says Now**. Discussion topics included:

- Domestic Violence along with "Change the Story" video and the repercussions of learnt behaviour;
- Jo Wittorff updated on Zonta Connect, Zonta Apps and the Convention App;
- New bylaws at the Hamburg Convention - a result of the number of countries and members consistently changing;
- Quality control of Breast Cushions and the number being produced;
- Perth Foundation for Women and how to use, tax deductibility and plans in the future; and
- Founders' Day format.

The next Zoom meeting was held on 10-Sep-2022 where we discussed:

- Biennium Goals and their predicted outcomes;
- Founders' Day program and concern with change of format;
- Birthing Kits: questioned Foundation's format; issues of production; and future direction etc
 - Tyril Houghton supported the Birthing Kit Foundation "they are doing a great job"
 - Sixty percent of the kits are assembled by Zonta clubs;
- A query whether Abortion still criminalised in Western Australia?

The 9-Oct-2022 meeting was cancelled.

I was unable to attend the next Zoom meeting on 16-Apr-2023, however, discussion items were:

- Zonta Club of Perth Workshop 29-Apr-2023
- District 23 Conference in Bunbury
- The report from Area 5 Workshop held in Tasmania on 25-Mar-2023
- Area 3 continuing its quest to Build a Better World for Women and Girls.

Sue Pertilé
President

Fundraising

The Fundraising Committee has been dedicated to fulfilling their role to fund the Zonta Club of Perth Northern Suburbs awards and projects for this financial year.

Firstly, I would like to thank Shelley Williams for replacing me as Chair of the Committee for most of the year. She accepted the role with enthusiasm and competence.

Below are the fundraising events and profits arising from the events for 2022-2023:

- 1) Apr-2022: **Joke Night** at Sorrento Tennis Club was an extreme success \$4,338.80
- 2) Sep-2022: **Chapman's Fashion and Afternoon Tea** \$726.88
- 3) Oct-2022: **Champagne Tasting** \$3,309.64
- 4) Mar-2023: **International Women's Day** Silent auction and raffle \$3,059.87
- 5) **Dinner Raffles:** Monthly meetings \$195.00
- 6) **Entertainment Books** \$185.00
- 7) **Sale of merchandise:** car stickers, utility bags, personal alarms and rose cards \$104.62
- 8) **Recycling** \$487.40

As Chair of the Fundraising Committee, I am so proud and thankful for the commitment and dedication the following ladies give to our worthy projects to help women who need support:

Connie Coltrona, Kath Snashall,
Shelley Williams, Jan McNaught,
Palma Phipps, Dagmar Barnes, Leanne Sultan
Ruth Thomas and Sue Sofoulis.

Chris Tapley
Chair, Fundraising Committee



Membership

Committee: Marion Brown, Liz Wason, June Fowler, Kaye Metaxas, Elaine Newman, Bev McNamara (LOA), Letitia Depiazzi (Chair).

The Covid 19 Pandemic continued further uncertainty across Western Australia. At the start of our year, we were still in thrall to State Government mandates: masks (indoors), social distancing, restricted numbers at venues. The Greenwood Hotel (management and staff) and Kaye worked through this as we still had to cope with unexpected late apologies, including Guest Speakers. There was also the matter of spatial seating, 'so everyone was able to see the screen' or hear speakers from behind a mask. It was a time of challenge for everyone, overcome by superb cooperation.

This situation also had quite an impact on our member participation at the Zonta International Convention (ZIC). Whereas, several club members usually use ZIC as an addition to annual overseas holidays, mainly because of the tyranny of distance and cost, this year with so much covid lurking, only one member Past District Governor Alison Martin, attended as our sole Delegate and representative.

Throughout this year, Club numbers have fluctuated around 30. The club was disappointed, but understanding when Past President Vicki Moir resigned, after 17 years with us.

On the other hand, we have had both Elaine Newman and Ruth Thomas transfer in, bringing their Zonta knowledge and experience from the now closed, Swan Hills club. Another, Jenny Gleeson, returned on transfer from Bunbury.



Two very new professional and enthusiastic members are Dr Lesley Andrew and Gillian Elder.



We now have a membership of thirty-two. Currently three members are on LOA, while Elaine became part of this committee. We try to meet on a regular monthly basis, sharing a self-catered, relaxed meal at Kaye's home.

Our committee is active, busily preparing for each monthly dinner meeting. The Greenwood agreed to our request for space outside the function room, for our *'Meet and Greet'* and they have now granted us a 'reserved' extension time and space with bar tables for this purpose.

This has become most conducive to pre-meeting fellowship. Club members appreciate this salient gesture while Liz and Marion do a terrific job 'front of house.'

Mentoring new members is important. There is information and printed 'helpful hints' for those we approach / who agree to undertake this less than onerous role.

We endeavour to send in a timely manner, cards and flowers covering all areas of member welfare. Anita at Clementine Florist in Wembley generously donates her time and most floral arrangements, or a single yellow rose, when approached. When occasionally, 'something' interferes, and a birthday passes without a card arriving, it need not be seen as a personal affront. Focus on what really is more important, as your fellow Zonta members place great value on every volunteer's contribution of time.

An established "Fellowship Group" offers a more casual opportunity for members to mix and mingle away from the more structured meetings. While this is not part of our committee procedures, we are pleased that it is adding another opportunity for club members to grow, learn and work together, develop friendships furthering an important aspect of becoming a Zonta member.



In readiness for the new year, our committee is reviewing all brochures and information required for encouraging visitors and new members alike.

While it is important to provide electronic information online, it is necessary to have tactile material on hand also, especially when meeting the public, be it during a first-hand project or conducting an informative promotional stall or kiosk. It needs to be: Appealing. Informative. Professional. To achieve this, we will be working cooperatively with our PR / Visibility committee.

In closing, I thank our entire club membership for your combined assistance to our committee. While it is important that we conduct our Zonta business meetings in a congenial manner, it is even more important to maintain, overall, a friendly, respectful, professional standard. How we present forms part of the criteria that our Guests and prospective members would hold to the forefront in their views when considering an application for membership.

Now with the removal of the restrictions applicable at the beginning of the year, we aim to encourage all club members, especially those who are new, to consider attending District 23 Conference in September at Bunbury, just down the road, with no costly interstate travel. Having shared that experience it will then be a matter of encouraging members to attend the next Zonta International Convention being hosted in 2024 by Australia, in Brisbane. There we will all see, understand, and appreciate the true value of our Zonta International membership.

Letitia Depiazzi
Chair, Membership Committee



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INDEPENDENT AUDITOR'S REPORT PERTH

TO THE MEMBERS OF ZONTA CLUB OF PERTH NORTHERN SUBURBS INC.

I have audited the Fundraising/Service Account and Membership Account Statement of Receipts and Payments, being a Special Purpose Financial report of Zonta Club of Perth Northern Suburbs Inc., for the year ended 31st March 2023.

Committee Member's Responsibility for the Financial Report

The Committee Members of Zonta Club of Perth Northern Suburbs Inc. are responsible for the preparation of the Special Purpose Financial Report.

Auditor's Responsibility

My responsibility is to express an opinion on the Special Purpose Financial Report based on my audit. I have conducted my audit in accordance with Australian Auditing Standards. Those standards require that I comply with relevant ethical requirements relating to audit engagements, and plan and perform the audit to obtain reasonable assurance whether the Special Purpose Financial Report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the Report, whether due to fraud or error. In making those risk assessments, the auditor considers internal controls relevant to the association's preparation of the statement that gives a true and fair view, in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the association's internal controls. I believe that the audit evidence I have obtained is sufficient and appropriate to provide a basis for my audit opinion.

Independence

In conducting my Audit I have complied with the independence requirements of Australian professional ethical pronouncements.

Opinion

In my opinion, the Special Purpose Financial Report fairly reflects, in all material aspects, the financial performance for the year ended 31st March 2023.

Inherent Uncertainty regarding the Completeness of Donations and Subscriptions

Without qualification to the opinion expressed above, attention is drawn to the following matter :-

As is common for associations of this type, it is not practicable for Zonta Club of Perth Northern Suburbs Inc. to maintain an effective system of internal control over donations, subscriptions and other fund-raising activities until their entry into the accounting records. Accordingly, our audit in relation to these income items was limited to amounts recorded.

Basis of Accounting

The Special Purpose Financial Report has been prepared to assist the Zonta Club of Perth Northern Suburbs Inc. to meet the requirements of the Associations Incorporation Act (WA). As a result, the Special Purpose Financial report may not be suitable for another purpose.



GRAEME R JENNINGS BCom FCA

Chartered Accountant

Level 2, 52 Kings Park Road
West Perth, 6005
Date 22/6/2023

PO Box 790, West Perth, 6872
Western Australia, Australia

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Unaudited Accounts

MEMBERSHIP STATEMENT OF INCOME AND EXPENSES

For the period 1st April 2022 to 31st March 2023

	YEAR TO DATE		
	INCOME	EXPENSE	PROFIT/LOSS
			YTD
Membership			
New Member Nomination Fees	\$100.00	\$215.41	-\$115.41
Annual Member Fees	\$6,100.00	\$5,148.33	\$951.67
Dinner Meetings	\$11,128.50	\$10,411.00	\$717.50
Miscellaneous Income	\$2,399.29	\$0.00	\$2,399.29
Area -District			
Area Workshop	\$0.00	\$0.00	\$0.00
District Board/Governor Gifts	\$0.00	\$50.00	-\$50.00
Committee Expenses			
Speaker/Guests	\$0.00	\$331.00	-\$331.00
Membership (New Badges etc)	\$0.00	\$70.00	-\$70.00
Public Relations & Communications	\$0.00	\$70.99	-\$70.99
Secretarial & Other Expenses	\$0.00	\$0.00	\$0.00
Miscellaneous Expenses			
Bank Fees and Charges	\$0.00	\$0.00	\$0.00
Post Office Box Renewal	\$0.00	\$235.00	-\$235.00
Subscriptions/Purchases	\$0.00	\$217.00	-\$217.00
Account Transfers	\$0.00	\$1,944.29	-\$1,944.29
Delegate Expenses			
International Convention	\$0.00	\$593.69	-\$593.69
District Conference	\$0.00	\$0.00	\$0.00
TOTAL	\$19,727.79	\$19,286.71	\$441.08

Opening Balance 1st April 2022

\$4,345.88

Add Income

\$19,727.79

Less Expenses

-\$19,286.71

Cash Book Balance

\$4,786.96

Balance as per Bank Statement

\$4,786.96

28/03/2023

SERVICE/FUNDRAISING STATEMENT OF INCOME AND EXPENSES
For The Period 1st April 2022 to 31st March 2023

	YEAR TO DATE			BUDGET
	INCOME	EXPENSE	PROFIT/LOSS YTD	
Fundraising Events/Activities				
Entertainment Books	\$185.00	\$0.00	\$185.00	\$250.00
Tea and Fashion	\$1,056.88	\$330.00	\$726.88	\$1,000.00
Champagne Tasting	\$5,359.00	\$2,049.36	\$3,309.64	\$2,000.00
IWD Breakfast (2023)	\$6,599.87	\$3,540.00	\$3,059.87	\$600.00
Amelia Earhart	\$0.00	\$0.00	\$0.00	\$0.00
Miscellaneous Donations	\$150.00	\$0.00	\$150.00	\$300.00
Quiz Night/Joke Night	\$4,338.80	\$0.00	\$4,338.80	\$3,500.00
Founders Day Function	\$4,930.00	\$4,856.82	\$73.18	\$0.00
YWPA Function	\$6,773.00	\$5,081.54	\$1,691.46	\$0.00
Club Merchandise				
Utility Bags	\$5.00	\$0.00	\$5.00	\$100.00
Personal Alarms	\$59.62	\$0.00	\$59.62	\$300.00
Car Stickers	\$0.00	\$0.00	\$0.00	\$50.00
Rose Gift Cards	\$40.00	\$0.00	\$40.00	\$100.00
Miscellaneous Income & Expenses				
Dinner Meeting Raffle	\$195.00	\$0.00	\$195.00	\$500.00
Recycling	\$487.40	\$0.00	\$487.40	\$300.00
D23 Donation	\$0.00	\$0.00	\$0.00	\$0.00
ZI Foundation for Women		\$150.00	-\$150.00	\$0.00
Other than donations	\$0.00	\$174.50	-\$174.50	\$0.00
First Nations Midwife Donations	\$70.00	\$500.00	-\$430.00	
TOTAL	\$30,249.57	\$16,682.22	\$13,567.35	\$9,000.00
PAYMENT OF CLUB PROPOSED COMMITMENTS				Proposed Payments
District Projects				
Birthing Kits	\$5,550.07	\$10,162.00	-\$4,611.93	\$5,000.00
Breast Cushions	\$620.00	\$538.78	\$81.22	\$500.00
Area 3 Projects				
Area 3 Breast Cushion Fund	\$2,779.21	\$413.70	\$2,365.51	\$0.00
Woman Of Achievement	\$0.00	\$845.13	-\$845.13	\$500.00
Scholarships				
Young Women in Public Affairs	\$0.00	\$1,500.00	-\$1,500.00	\$1,500.00
Lucy Bohan Nursing Bursary	\$2,050.00	\$2,019.95	\$30.05	\$2,000.00
Jane M Klausman	\$1,328.40	\$1,519.95	-\$191.55	\$250.00
Gillian Cuss For Nursing	\$10,000.00	\$1,000.00	\$9,000.00	
Organisations Supported			\$0.00	
Zonta House Refuge	\$0.00	\$2,000.00	-\$2,000.00	\$2,000.00
ECU Women in Business	\$0.00	\$500.00	-\$500.00	\$500.00
International Projects - 1/3rd income raised				
Amelia Earhart Fellowship Endowment Fund	\$0.00	\$1,000.00	-\$1,000.00	\$1,000.00
International Service fund	\$0.00	\$1,000.00	-\$1,000.00	\$1,000.00
General Endowment Fund for Women	\$0.00	\$300.00	-\$300.00	\$300.00
TOTAL	\$22,327.68	\$22,799.51	-\$471.83	\$14,550.00
TOTAL	\$52,577.25	\$39,481.73	\$13,095.52	

Opening Bank Balance	\$ 12,885.10
Add Income	\$52,577.25
Less Expenses	\$39,481.73
Cash Book Balance	\$25,980.62
Balance as per Bank Statement	\$25,980.62

28/03/2023

Greater Visibility

In keeping with the changes made at the Zonta International 2022 Convention in Hamburg, Germany, the Public Relations and Communications Committee will now be known as the Greater Visibility Committee.

The role of the Greater Visibility Committee is to promote and provide support for our Club's goals as they are outlined by Zonta International (ZI). The 2022-2024 goals remain aligned with **ZI's** mission and vision and are centred under five pillars:

- i. Stand out for Gender Equity
- ii. Represent Global Citizenship
- iii. Develop Future Leaders
- iv. Celebrate Ourselves
- v. Position Zonta for the Future

In the areas of:

- a) Program and Projects
- b) Events
- c) Membership
- d) Financial Resources

1. Committee Members' Roles

The Greater Visibility Committee has in place:

- a) a very well-established, very informative and inspiring newsletter, *The Zontapreneur*, edited by Dawn Newman;
- b) a Club Handbook and a Members Contact List managed by Dawn Newman;
- c) interesting and varied Guest Speaker program coordinated by Wendy Dowling AM and supported by Nola Hackman; and
- d) Social Media sites (Facebook, Instagram, LinkedIn, Twitter), YouTube and Website managed by Irene O'Leary.

At all times the Committee uses all its resources to promote the work of the Club as we aim for greater visibility in the wider local community.

Irene O'Leary also does a wonderful job organising the audio and visual and PowerPoint presentations for our monthly dinner meetings, and special Club events e.g. Young Women in Public Affairs Gala Dinner, International Women's Day Breakfast and liaising with our guest speakers on their audio and visual requirements.

2. Zoom Meetings

The Greater Visibility Committee has successfully been using Zoom communications technology for some time for its regular committee meetings.

3. Roles, Responsibilities and Procedures

The Greater Visibility Committee's comprehensive and very detailed Roles, Responsibilities and Procedures (manual) was issued in November 2015, revised in January 2018 was revised again in December 2020 and is currently under revision and soon to be completed.

The Manual outlines the procedures for ongoing tasks that the Greater Visibility Committee does to promote the work of the Club through various sources such as Social Media, Print, Radio, Podcast, Media Releases, Newsletter (*The Zontapreneur*), Flyers, Club Publications, and rules governing taking photos; management of the Club's website, roles and duties of the Chair and Program Coordinator of the Monthly Meetings' Guest Speakers, support for the Gala Dinner YWPA Award, Events and the Humanitix online ticketing sales for events (which is successfully managed by Marion Brown and Kaye Metaxas); and it also serves as a reference guide to provide new members of the Greater Visibility Committee a comprehensive coverage of the work of the Committee prior to their first meeting.

4. Appendices: Roles, Responsibilities and Procedures

Attached to the Manual are 19 appendices to provide examples of documents and guidelines which are part of the Committee's ongoing responsibilities e.g. samples of Club Stationery/Club Banners & Signage/Award and other Certificates, the structure of a media release, ZI Colour Palettes, Logo Brand Identity Guidelines and maintenance of the Club Members' Directory etc.

5. Social Media and Networks

Below are our statistical social media records from Jun2017 to Apr2023. The statistical graphs show growing numbers of followers on our social media sites and we are constantly trying to extend our reach on all social media sites.

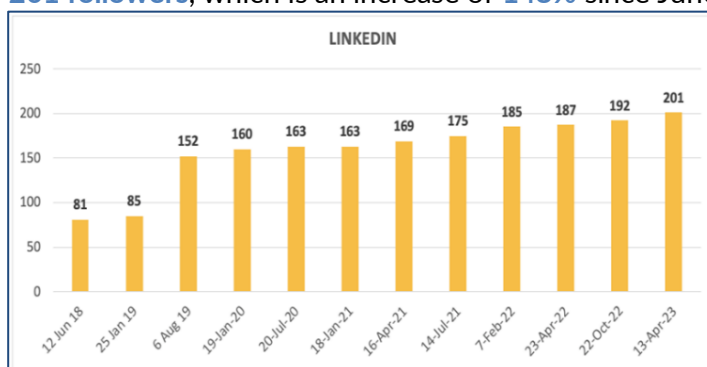
FACEBOOK:

A total of **800 followers**, which is an increase of **437%** since June 2017.



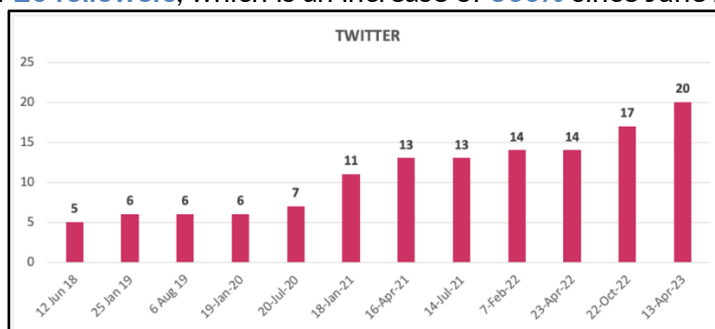
LINKEDIN:

A total of **201 followers**, which is an increase of **148%** since June 2018.



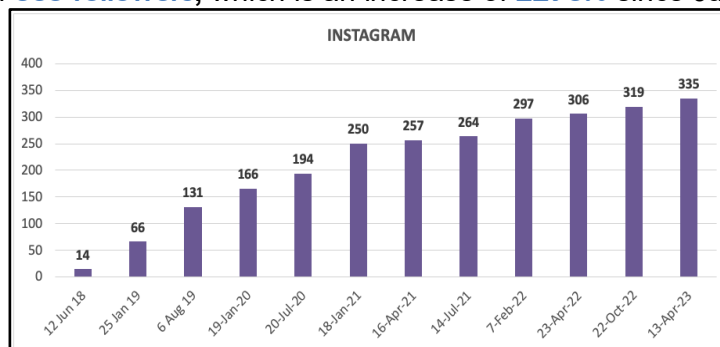
TWITTER:

A total of **20 followers**, which is an increase of **300%** since June 2018.



INSTAGRAM:

A total of **335 followers**, which is an increase of **2293%** since June 2018.



Dawn Newman also maintains a very comprehensive and updated email contact database, not only for Zonta Club members, but also for friends, supporters, past awardees and finalists who receive copies of *The Zontapreneur*, dinner meeting flyers, gala and fundraising events.

As a committee, we see it as an important role to support and promote our Club's activities via *The Zontapreneur* and social media, especially LinkedIn, our alumni of past scholarship, awardee winners and our networks e.g. United Nations Association of Australia (WA Division) Inc., ECU Women in Business and Zonta House Refuge Association.

We are pleased that we are a partner of the United Nations Association of Australia (WA Division) Inc. (UNAAWA) and that our Club articles are published from time to time in their bi-monthly newsletter UN Matters.

The Committee is always looking for ways to extend our networks and increase participation in the work of our Zonta Club and work in collaboration with like-minded organisations.

We now have a new flyer available to distribute to libraries, shopping centres and other appropriate places. Each member is encouraged to take a supply and assist in this endeavour. Thanks to Irene O'Leary and Nola Hackman for the design and printing of the flyers.

In 2022, Sue Pertile had a fantastic opportunity to be interviewed twice on a northern suburbs radio show "In Good Company" on 89.7 FM on 21-July-2022 and 3-Nov-2022 to share the wonderful work Zonta does in the local and global community.



An audio recording of both interviews can be listened to on our YouTube channel: <https://www.youtube.com/channel/UC6RkoK4uqiL0-vcyMOMVGWu>

6. Committee Chair Position Change

As of 31-Mar-2023, Linda Tinning has stepped down as Chair of the Greater Visibility Committee to take over the role of Area 3 and District 23 Coordinator of the Jane M Klausman Women in Business Scholarship from Dr Bev McNamara. Irene O'Leary will step into the role of Chair of Greater Visibility Committee and Linda Tinning will continue to be a member of the Committee.

7. Conclusion

Special thanks to Greater Visibility Committee members Wendy Dowling AM, Nola Hackman, Dawn Newman, Irene O'Leary and Jenny Gleeson (currently on a leave of absence until Sept-2023) for all of their great support over the years in my role as Committee Chair. Thank you to each one of the Committee members for their hard work, great sense of humour and enthusiasm as it has been a pleasure working with you all. We all look forward as a committee to continuing, promoting and supporting the work of our Zonta Club and wish Irene all the best in her role as the incoming Chair of Greater Visibility Committee.

Linda Tinning
Chair, Greater Visibility Committee



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Archiving & Inventory

Archiving of historical documents 1981-2011 concluded during the year.

Financial bank statements prior to 31Mar2016 were destroyed as the seven-year retention expired.

The Club **Inventory** lists various items and equipment being held by office bearers and/or committees. At regular intervals the inventory is circulated to relevant members for updates and the date recorded in the *Revised* column. An updated Inventory is then forwarded to Club Board.

Kaye Metaxas
Archivist

Program

The aim of the Program is to have a diverse number of speakers from a variety of interest areas, in keeping, as much as possible, with monthly themes.

Members are also very proactive in forwarding to the Program Coordinator very welcomed suggestions for possible speakers.

The club values the importance of interesting speakers not only to add interest for club members, but also as a means to attract potential members to the club.

Each speaker receives information about Zonta. The budget is up to \$25 for a gift depending on the age and gender of the speaker e.g. flowers, pot plant, wine etc. They also receive a specific Zonta memento such as our Perth Northern Suburbs utility bag and rose cards.

A variety of members are invited before the meeting to introduce the speaker and also at end of the presentation to thank the speaker on behalf of the club.

At all times, after the presentation the Program Coordinator sends a thank you letter to the speaker.

The Program Coordinator works closely with the committees of Membership, Web Coordinator, Public Relations and Communications.

I would like to say *thank you* to **Irene O'Leary** for organising the data projector and screen equipment and *thank you* to **Nola Hackman** for undertaking the IT role whilst Irene was away. Also, a big *thank you* to both **Dawn Newman** and **Irene O'Leary** for coordinating the publicity for the speakers.



Wendy Dowling AM
Program Coordinator

2022-23 Meeting/Theme	Speaker
Apr 6 Planning Meeting	No speaker
May 4 AGM & Jane M Klausman Awardee	Tayla Ayling unwell. Replaced by Dr Bev McNamara who took us on an interesting personal journey
Jun 1 Change Over Dinner & 41st Birthday celebration	No speaker
Jul 6 General Meeting	Brooke Haseldine (Lifeline WA Ambassador) unwell Replaced by Dr Lesley Andrews who spoke on her PhD research
Aug 3 YWPA Award Dinner	Gala Dinner to celebrate our <i>Young Women in Public Affairs Award</i>
Sep 7 International Convention 2022	Alison Martin (Past District 23 Governor, 2022-24 Zonta Foundation for Women Ambassador) " <i>Life in and around Conventions</i> "
Oct 5 United Nations/ Status of Women	Dr Sandra Chong , President, United Nations Association of Australia <i>Relevance of United Nations & Sustainable Development Goals for Business</i>
Nov 2 Lucy Bohan Nursing Bursary presentation	Five Past Awardees of the Lucy Bohan Nursing Bursary presented personal updates
Dec 7 Christmas party	No speaker
Feb 1 Planning meeting	No speaker
Mar 1 General Meeting	Carolyn Punster from Stroke Foundation

Service and Advocacy

We are delighted to have two new members join our committee, Dr Lesley Andrew and Gillian Elder, but a pity Helen Box has left us, and Rosemary Donovan is currently on Leave. It has been a busy year but as you will see from below, a satisfying one. We are fulfilling the Zonta mission of building a better world for women and girls.

AWARDS

Young Women in Public Affairs (YWPA)

Our 2022 YWPA Award dinner was held in a new venue, the Hillary's Yacht Club. Our Gold Sponsor was Brant Tapley, Chris Tapley's son, from JT Metallurgical Services and he spoke about the opportunities and importance of women entering the Mining industry. We were very fortunate to also have two Silver Sponsors, Bespoke Wills & Estates Pty Ltd, represented by Emily Nixon and NGL Metallurgical Services via Genevieve's son, Jordan Rose. These valued contributions offset the cost of the venue, the dinners for the finalists and a parent, the Emcee, and other expenses. We thank our event sponsors for making this possible.

Our three high-calibre YWPA finalists Jasmina Nikolovski, from Duncraig Senior High School; Angela Pham from Warwick Senior High School and Rebecca Schwarz from Carmel School spoke about the "*women who inspire them the most*". They were all very convincing and exemplify the true essence of Zonta, and we wish them the very best in their future endeavours. The Judging panel selected Jasmina Nikolovski as the YWPA winner for 2022 and she will be put forward for the District/International Level judging. The other two finalists received a \$200 voucher kindly donated by Karrinyup Shopping Centre. Our previous year's winner Lucy Lonnqvist inspired us with an update of her year. Our Emcee was again Dr Demelza Ireland, the 1996 recipient of this award, who once more did a magnificent job of making the finalists feel comfortable and acknowledging their achievements.

The function was attended by the finalists' parents, their friends, teachers; District 23 Foundation Ambassador, Alison Martin; Area 3 Director, Pauline Vukelic; President of Zonta Club of Perth, Ping Teo as well as Ms Caitlin

Collins MLA, Member for Hillarys, Deputy Mayor of City of Stirling, Stephanie Proud and Councillors Tony Krsticevic (Stirling), Nige Jones (Joondalup), James Rowe and Jordan Wright (Wanneroo) and important members of the community. We were also privileged to have past winner, Paige May (2016), and of course Bradley Greenslade who has attended all 31 events. This success is due to a whole of club team effort.

Jane M Klausman Women in Technology Scholarship Area 3 and District 23 Coordinator, Linda Tinning

The Jane M Klausman Scholarship is run at Area 3 level. The Coordinator for all of the five clubs for Area 3 and for District 23 from 1-Apr-2022 to 31-Jan-2023 was Dr Bev McNamara who stepped down from the roles to take a leave of absence and Linda Tinning has now taken over the roles. On behalf of the Club special thanks to Bev for all her hard work in her role in making the Jane M Klausman a successful scholarship.

The work of being Area 3 Co-coordinator requires liaison by one person (as opposed to individuals from various clubs in the Area) to approach networks, past JMK Scholarship winners, the university scholarships offices, student clubs and course coordinators to promote the scholarship.

Area 3 offers a substantial financial incentive of \$1,500 sourced on a pro-rata basis from the five clubs in the Area.

In 2022, Area 3 had four applications with Amy Zahar (ECU, MBA 1st year student) winning the scholarship.

The Area 3 Jane M Klausman Scholarship 2022 was presented at the Foundation Lunch to Amy Zahra who attends Edith Cowan University. Amy is an amazing achiever. She juggles a very busy life, being a single Mum with two teenage boys (15 and 12), working full-time and studying her Masters of Business Administration. Amy aims to mentor and teach the next generation of women to achieve their academic, personal and professional goals. Her background in teaching and experience of running a business, has given her the ability to help shape the minds of young women, allowing them to emerge as future leaders. By utilising her previous qualifications, her MBA due for completion in 2023, and her interpersonal and leadership skills, Amy is well-placed to achieve her objectives.

ZI Women in Technology Scholarship Amelia Earhart Fellowship

Although the Women in Technology and the Amelia Earhart Awards are International awards that usually don't involve our club, Linda Tinning is also promoting these awards to various university academics.

Area 3 Woman of Achievement Award

The Area 3 Founders' Day is a biennial event held in November to commemorate the founding of the first Zonta Club in Buffalo, New York 1919. Traditionally at this function, the winner of the Woman of Achievement Award is announced. In recent years a decision was made not to select an overall winner but to recognise awardees from all Area 3 clubs. These awardees receive their Certificates at the event.

The host club for 2022 was Perth Northern Suburbs. The event was celebrated at the Marmion Angling and Aquatic Club, Marmion on Saturday, 5-Nov-2022 at 11 a.m. The Area 3 Director would normally manage the event with the host club providing the venue and organising the meal, however, in 2022 the Area 3 Director was unable to fulfil her role and the organising of the event was undertaken by the host club.

There was a change of format for this function. Instead of a Guest Speaker, it was decided to have an *interview-style format* in order to hear directly from the Awardees. Lyn Foreman OAM was the interviewer. Lyn is a former Australian and Western Australian champion hurdler. She is an accredited Level 5 Athletic Coach and Founder/Director of the *Run Jump Throw* program.

Six awardees were interviewed during the course of the afternoon (five Women of Achievement and the Jane M Klausman Women in Business Winner). District 23 Birthing Kit Ambassador, Tyril Houghton, presented the five winners with their certificate and memento of the occasion. Bev McNamara, presented the JMK Award. Bev was District 23 and Area 3 Coordinator for JMK. The names and projects of the successful ***Woman of Achievement*** for 2022 were:

- Penny Hooper: *Zonta Club of Perth Northern Suburbs - Days for Girls Period Poverty*
- Anne McKay: *Zonta Club of Dunsborough - Radiance Network Southwest*

- Jocelyn Bradshaw: *Zonta Club of Perth - Ukrainian Refugee Integrated Language Program*
- Ester Italiano: *Zonta Club of Bunbury - Harvey Community Dinners*
- Lynn Rodgers: *Zonta Club of Peel - WestAus Crisis and Welfare*

Jane M Klausman Women in Business Scholarship

The new format was received enthusiastically. Numbers attending the event were disappointing as some clubs only managed 3 attendees and this made covering costs difficult. A huge effort from many Perth Northern Suburbs club members spread the work load and made the event a very enjoyable afternoon.

Lucy Bohan Nursing Bursary

One of our best Lucy Bohan dinner meetings was held in November with 13 of our past winners in attendance and shared their nursing journeys.

*Tracey Tarver 2008; Morna Frankowiak 2009
Sarah Rounsevell 2010; Lucinda Woodard 2011
Violetta Zajonz 2012; Rocheal Lock 2013
Sam Gliddon 2015; Tegan Bewick 2016
Ellen Raven 2017; Danae Bromilow 2018
Magdalena Lloyd 2019; Olivia Wood 2020
Angel Manganti 2021.*

Our 2022 winner ***Ankia Pelser*** was in awe when she met these capable women and heard their stories. One of her comments was that she didn't realise how a nursing career can be so diversified, how a nursing degree can open many doors and opportunities.

Sponsors ***Ramsay Health Care***, Leonie Gardiner, Karen Cunliffe and Fiona Legg and from the ***ECU Faculty of Nursing and Midwifery***, Dr Melanie Baker were very impressed, very proud and honoured to be involved in the ***Lucy Bohan Nursing Bursary*** and thanks to ***Leonie Gardiner*** the Bursary is now \$2,000.

Gillian's Gift

Former Club member and Past President, Gillian Cuss before her passing, kindly donated \$10,000 to the club. Having been a career nurse and affiliated with this profession, it was decided to assist five nursing students in 2023 each with \$1,000 on their clinical placement. Selection process will be by Edith Cowan University School of Nursing & Midwifery. The second support of \$5,000 shall be in 2024.

SERVICE

Breast Cushion Project

This year, there have been four sewing/stuffing days for breast cushions. Two Zonta days and two Craft days making a total of 123 cushions. This brings the Club total to 2267. The last Craft day stuffed shells made by ladies in Bandyup Prison. Many thanks again to **Club Coordinator Kath Snashall**.

Area 3 Breast Cushions Project Coordinator, Elaine Newman is now a member of our Club which makes the hand-over very easy from Kath, those cushions made by members, friends and an associated local craft group. The Zonta Clubs of Bunbury, Dunsborough and Peel also make cushions, whilst the Perth Club supports this service project with funds for materials and sundry expenses. We are also very fortunate to have the Textiles Division of Bandyup Women's Prison provide 30 cushions per month as a community project in association with our Area 3 Clubs.

The majority of the cushions are distributed by the coordinator to metropolitan and some country hospitals and Breast Cancer Support groups, principally through the McGrath Breast Care Nurses. The feedback received from recipients is always with thanks for providing such comfort and support during their cancer journey. In the twelve months since March 2022, approximately 700 cushions have been gifted to breast surgery patients.

Birthing Kits - Connie Coltrona

The first Birthing Kit Assembly Day was held on Saturday, 8-Oct-2022 at All Saints Uniting Church Hall in Floreat. One thousand kits were assembled by over 90 volunteers, probably due to the fantastic exposure of the event in the local Post Newspaper. Thank you to Irene O'Leary for her contact with the Editor of the newspaper. Following the presentation on Birthing Kits to the Rotary Club of Northbridge, the Rotary Club generously donated \$5,000 towards the event and many of the members volunteered on the day.

The day proved to be even more successful with the promised donation of a further \$5,000 by a volunteer Franca Sala Tenna to pack kits in 2023.

The second Birthing Kit Assembly Day was held at the Sorrento Tennis Club on 11 Nov 2022 from funds raised by Perth Northern Suburbs and 1000 kits were packed.

Irene O'Leary and Connie presented a video to the Rotary Club of Freshwater Bay on the Birthing Kit Foundation and the role of Perth Northern Suburbs which resulted in a kind donation of \$250 to our Club for the Birthing Kits.

Thanks to Connie for her awesome work, not only organising two Assembly Days this year, but by her promotion in attracting \$10,250 in funds and widening our scope of volunteers. This greatly assists with the Club's goals for fundraising.

Care Packs - Jill Darby and Leanne Sultan

Zonta members provided Care Packs to RUAH on 17-May-2022 to support their Women's evening drop-in service in East Perth. This followed Care Packs delivery in 2021. The service has since opened a major facility **The RUAH Centre** in Northbridge, operating a daytime drop-in service. Photo of Jay Waters RUAH Partnership and Engagement Lead receiving donation.



Homelessness We Care Perth are a community not-for-profit organisation that provides a food run for the homeless on a Tuesday night in the Perth city. Our Club provided 40 Meal Care Packs for distribution to those that require extra support with meals during the week. Each pack contains cereal, milk, cracker biscuits, tuna, muesli bar, fruit juice, fruit pack and water.

Zonta House Liaison – Letitia Depiazzi

There was a ban this year on any food and sundry items being collected throughout the year, much of this being due to covid restrictions and Zonta precautions.

We did have the usual wrapping day in December and accepted items suitable for gifts, directed towards children, and including especially food vouchers for Coles/Woolworths/Aldi as per suggestion from the office. This was decided so clients could better learn to purchase food of their own preference and excluded the purchase of alcohol. There was also a request for store vouchers relevant to teenagers where they could make their own personal selections. It was most heartening to have two large vehicles loaded full of these items after being brought to our Club Christmas Party to be delivered next day.

A last-minute change of venue for our designated wrapping day caught us off guard. When we were advised there was limited space this year for the purpose, several members withdrew their offers of help when they were surplus to requirements, it being only a matter of days prior to Christmas. It was then unfortunate as we ended up in a spacious area with fewer helpers. However, those who did manage to attend were busy and certainly kept occupied with plenty to do and lots of chatter while they worked.

The upside of this was knowing that the recipients were in for pleasant surprises when these many bags of gifts were delivered, be they individuals or families of several children.

A sincere “**thank you**” to all members and especially your friends and work colleagues who donated gifts and vouchers.

ADVOCACY

Zonta House Refuge Association (ZHRA)

Board of Directors – Rosemary Donovan

This has been a very busy year for Zonta House Refuge Association, with the building of the new refuge and transitional accommodation facility well under way at an undisclosed place in Perth. This new purpose-built facility will further cater for women in crisis and needing assistance to begin their new lives in a safe and supportive environment.

Work is also being completed on the updated Cultural Framework in collaboration with the local ATSI and CaLD community in Perth.

Rosemary has spent much time in updating and upgrading the **ZHRA** risk register to ensure that it meets Work Place, Health & Safety legislative requirements and is also user friendly for staff, volunteers and clients alike. This will continue to be assessed and updated as the needs of the new facility become clear as we look towards the opening later in the year.

The **ZHRA** committee has further dedicated time to developing links to Corporate Australia to ensure ongoing support for development of programs and pathways that respond effectively to community need as it grows into the future. It is imperative that these services continue to meet the needs of women and families in distress and at risk of Family Domestic Violence (FDV).

Due to ill health and family commitments, Rosemary will be resigning from the main committee for next year but will remain on the **ZHRA** Governance sub-committee to continue her work on the Work Place, Health & Safety risk register.

Rosemary reported she has been honoured and happy to do her small part in the wonderful work that this organisation continues to achieve, in conjunction with the many supporters and of course, with the generous donations from Zonta Club of Perth Northern Suburbs.

Silent Domestic Violence Memorial March

Some members participated in this important event on 29-Nov commencing from Forrest Place. This annual event remembers those who have lost their lives and raises awareness to end violence against women. Our members wore orange tee-shirts, and there was a sea of different colours and banners representing different women's organisations all there in unity. There were metal people cut outs representing those that had died from domestic violence this year and moving speeches before silently moving off on the walk-through Perth city, quite an emotional experience, the silence was deafening! It was pleasing so many attended on a very hot day.

MENTORING

Mentoring through ISHAR and the Zonta Club of Perth

Sue Pertilé has been mentoring Anush since 7-Jan-2020. Anush was a victim of domestic violence and had asked for a mentor via Ishar. Anush is from Armenia and has no family here at all. Watching her grow and find her place in our society has been a precious experience for Sue. Overtime they have become good friends and Anush knows that Sue is always available if she needs support.

Anush has finished her Hospitality Management at TAFE and is now working towards a senior role in her work place, Sadly Anush has experienced sexual harassment in her latest job and therefore has decided to look for another job. This is a common problem and not easy to deal with in the workplace. The laws exist, however, often the company ignores their part in the play. Anush will be joining Sue and John for Easter Sunday! Their relationship will continue into the future.

Bev McNamara continues to help Chi and her family. Most recently she helped to secure new NDIS plans for Thy and Thu, Chi's intellectually disabled twins. Family Court proceedings still continue between Chi and her ex-husband regarding the care of their son Louis. Bev says she has certainly learned a lot about this complex and expensive process. Chi continues to be resilient and positive and is planning to visit her extended family in the US this year.

International Women's Day (IWD) Breakfast Coordinator – Genevieve Rose

Perth Northern Suburbs has held an International Women's Day Breakfast since 2019. The purpose of the event is to celebrate the achievements of women and to honour those who have blazed the trail before us. Last year's event, IWD 2022, was cancelled due to Covid.

The event this year was a hot plated breakfast held at the newly refurbished Marmion Angling and Aquatic Club in West Coast Drive, Marmion on Friday, 10-Mar at 7 a.m. The Emcee this year was our Club President, Sue Pertilé with 83 people attending, including the Mayor of Stirling, Mark Irwin, and a number of prominent Zontians. Sue spoke about the history of IWD and of our Birthing Kit Project.

The Guest Speaker was Dr Barbara Nattabi, Senior Lecturer at the School of Population and Global Health, University of Western Australia. Barbara is a medical doctor, public health researcher and educator. Her speech on the 2023 IWD theme of Embrace Equity was informative and enlightening. She outlined her experiences of growing up in Uganda as a black woman and the inequities she suffered because of her gender. Fortunately, her family, particularly her mother, saw the value of education and supported her in her endeavours.

This year the format was altered slightly to include a Silent Auction. Immediate Past President, Wendy Dowling AM and her husband Ross were able to source a number of accommodation and entertainment vouchers. A raffle along with the Silent Auction and Lucky Seat Prize, raised approximately \$3,000.

Many people contributed to the success of the event. Genevieve Rose was the Coordinator, Marion Brown handled the Humanitix bookings with Kaye Metaxas attending to the table seating etc. Dawn Newman and the Greater Visibility team looked after the promotion of the event and the photographs on the day. Irene O'Leary again did a superb job with the Powerpoint presentations. The Fundraising Committee under the direction of Chris Tapley ran the Silent Auction and Raffle. Our Club President did a wonderful job as emcee. From all feedback received, the function was enjoyed by the attendees.

Sponsors of the Event for 2023 were:

- ❖ Clementine Flowers Wembley
- ❖ Jenny Gleeson, Personality Dimensions
- ❖ Rendezvous Hotel Scarborough
- ❖ Mandoon Estate, Swan Valley
- ❖ RAC Karri Valley Resort
- ❖ Crown Towers Perth
- ❖ Peddle Perth
- ❖ Hike Collective
- ❖ Aloft Hotel
- ❖ Sandalford Winery
- ❖ Letitia Depiazzi
- ❖ Kaye Metaxas
- ❖ Genevieve Rose

Trauma Sensitive Yoga (TSY) Programme

The club funded \$5,040 for two x 8 week Trauma Sensitive Yoga courses in May and June 2022. The yoga is an evidence-based modality specifically developed for survivors of trauma. Current research indicates that trauma can be held in the body and can cause symptoms of anxiety and depression. This type of yoga helps the survivor reconnect with their body and helps to facilitate the gentle release of the trauma and reduce symptoms. The women who attended the programs gave positive feedback and supported that there was an improvement to their well-being.

The Aboriginal Cultural Learning Programme (Doyintj Doyintj Kaadadjin) Leanne Sultan

This program is delivered from Balga Senior High School and the club has donated \$2,000 for two female students in Year 10/11 to assist with a laptop computer and uniforms for their placement while studying as an Aboriginal Teacher Assistant Cert 3/4.

Rhodante Lipsett indigenous Midwifery Charitable Fund

A big thank you to the members who donated individually and thank you to the Club for agreeing to add to that collected amount up to the total donation of \$1,000 which will contribute to one Scholarship.

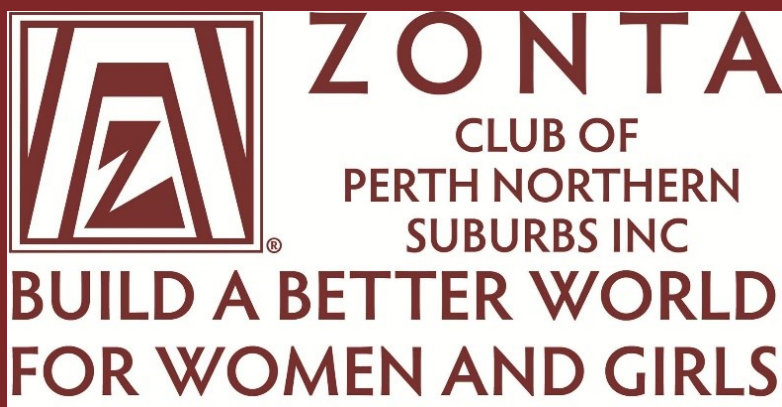
Thank you to everyone involved, it certainly is a whole of club effort.

Proud to be a Zontian.

Jean Wyder

Chair, Service and Advocacy Committee





Membership

*The **basis** of membership is **classification**.*

*The **joy** of membership is **fellowship**.*

*The **obligation** of membership is **service**.*

*The **life** of membership is **attendance**.*

*The **privilege** of membership is **yours**.*

PO Box 255 KARRINYUP, Western Australia 6921

Web: www.zontaperthns.org.au Email: secretary@zontaperthns.org.au

ABN: 69 616 440 942 Assoc. No: A1000362L

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