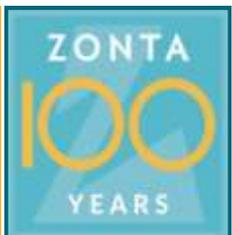


The Zontapreneur



1919-2019

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March 2019

A word from your President



It was so pleasing to start our March meeting with the induction of two new members—**Sue Sofoulis** and **Tanya Davies** and to welcome **Vicky Botha**, a transfer from the Zonta Club of Mt Isa, Queensland.

We warmly welcome these three talented women who will bring great value to our group. I really cannot remember since joining in 2004, when the Club admitted three members at the one time. An added bonus was having **Tanya** as our evening's Guest Speaker. She gave a very absorbing presentation entitled **"Stress to Success"**. From living a gypsy-like lifestyle as a young person, she now has a business that provides programs in the areas of self esteem, motivation and goal setting.

With the induction of **Marie Crane** at our February meeting membership has grown from 24 at the start of 2019 to 29. We are hopeful by May of meeting the **Membership Committee's target** of 30. Then the plan is to reset the goal for more members by May 2020. **Thank you Liz Wason (Chair) and the Membership team** for the great work that you all do to support and encourage new members and also for facilitating the membership processes.

Our third International Women's Day Breakfast was an outstanding success

thanks to the 93 attendees whose feedback was so positive. Their support of the breakfast was greatly appreciated. The **Guest Speaker—Amy Carter-James**, was truly inspirational with her very engaging presentation on Social Enterprise Tourism. Read more about this below.

I was thrilled to be able to announce at the Breakfast that our Club nominee, **Irene Stainton**, had been inducted into the **WA Women's Hall of Fame**. This was such an appropriate setting to make this announcement. **In 2018 Irene was our Club's nominee and the successful winner of Area 3's Woman of Achievement Award**—well done Irene for all your hard work and achievements. Read more about this later in the newsletter.

I would like to especially thank member **Jean Wyder** for putting together both of **Irene's nominations**. In her acceptance speech at the Hall of Fame event on 7 March Irene thanked our Club for nominating her. Irene is such a worthy recipient of this recognition. Zonta is all about supporting women and helping them reach the stars!

Special thanks to our very well organised IWD Breakfast MC **Wendy Dowling AM, Vicki Moir** for her three years of organising this event and the **collective, efficient work of our Club members**. Their planning and setting up was certainly the key to its success. It was a wonderful way to start the day.

On 24 February I attended an **Area 3 Presidents' meeting** at which a range of matters were discussed. One of the outcomes was that District 23 would gift each Club with a pull-up Centenary banner. To aid further in our celebrations, Centenary badges will also soon be available.

Tyrl Houghton (D23 Coordinator and ZC of Bunbury member) gave us a comprehensive coverage of the new **Women in Technology Scholarship**. Our Club is promoting this as well as the **Jane M. Klausman Women in Business Scholarship**. I am looking forward to catching up with fellow Area 3 Zontians at the **Peel Workshop on 23 March**.

Our April meeting will be a **Special Event Dinner** focusing on the organisation's work and the **'Incredible Zonta Projects that Empower Women'**.

Our **Membership Committee** has been working diligently on innovative ways to grow our Club. This meeting will give guests an opportunity to learn more about our organisation—both locally and globally—and provide a platform for networking. Do invite friends who are interested in learning more about Zonta. It will be a good opportunity for existing and prospective members to come together in a relaxed and informal way.

Linda

IWD Breakfast Inspirational

If you were unable to attend this year's IWD Breakfast, you missed a treat—not only a scrumptious breakfast, but to hear **Amy Carter-James'** presentation on how she and husband have used their **Guludo Beach Lodge in Mozambique** as a catalyst for social change. The **NEMA Foundation** was set up as the charitable arm whose Mission is—

To equip communities to sustainably eradicate poverty in their villages.

Amy added—*"We use a holistic and participatory approach to enable communities to sustainably free themselves from poverty whilst protecting their invaluable environmental resources."*

Amy is quite simply one of the most inspiring women you will ever meet. She established the eco-lodge in her mid 20s and before she turned 30, had won just about every major tourism and hospitality award in the world.

"Our dream was for Guludo to become an example of the profound potential within tourism to address world poverty. We are deeply honoured and incredibly proud to be recognised in so many responsible tourism awards and are passionate to continue this work."



ZONTA ROSE LINKED TO IWD

ROSE DAY

It was the idea of *Past International President Val Sarah AM CGSJ* to link our floral emblem with International Women's Day. Since 1999, it has served as the symbol of *Zonta Rose Day*, which falls on 8 March and coincides with *International Women's Day*.

The yellow rose has adorned many Zonta items from stationery to clothing and has been used in many charter and anniversary celebrations. It is also a time when many Zontians donate to the

Zonta Rose Fund to recognize and honour someone special in their life.

Since the 1980s each decade has seen a new Zonta rose. The first *Hartanna* rose was bred from the *Judy Garland* rose seed and pollinated by the *Anne Harkness* rose. This was introduced at the 1984 Zonta Convention in Sydney.

In 1998 a new breed, the *Harflow*, by a leading Danish rose grower, was introduced at the Paris Convention.

The latest *Zonta+* rose made its formal entrance at the 2008 Convention in Rotterdam. This was developed by the well known Dutch LEX+ breeder.

Briefly, here they are—

1980s Hartanna—also known as the Zonta Rose, *Princess Alice* and *Brite Lites*.

1990s Harflow—also known as the Zonta Rose and *Easy Going*. It has an extra layer of petals than its parent *Sport of Livin' Easy*.

2000s Zonta+ - this rose has large buds and stems 24-32 inches and a vase life of 12 days!



Another proud moment for Irene



Irene Stainton couldn't be more proud of her latest recognition as an inductee of the *Western Australian Women's Hall of Fame* pictured left with Club member *Jean*.

Irene is passionate about protecting Aboriginal heritage and culture. She served as the Registrar for Aboriginal Sites in WA for seven years, has been the *Chair of the WA Museum's Aboriginal Advisory Committee* for over 21 years, is a Member of the Board of Trustees at the WA Museum, and Chairs the *Aboriginal Advisory Committee* with the National Trust (WA).

One of Irene's proudest achievements was the State Government erecting a *War Memorial in Kings Park* to honour the services of Aboriginal and Torres Strait Islander peoples. She also established the *"Keeping Place"* in Karrakatta Cemetery and was involved with the *"Bringing Them Home Report"*. Throughout Irene's life's work, justice and the well-being for her people has been paramount.

CONGRATULATIONS AGAIN IRENE on your awards and achievements. You are a wonderful advocate for your people. And, thank you again to *Jean who was involved with Irene's applications and nomination documents*.

Kerran's at it again!

Someone else who has been in our news of late is *Kerran Olson* and she's here with an update on her studies following her graduation in February!

Kerran undertook a four year undergraduate double degree course, with both a *Bachelor of Arts* (majoring in creative writing and minoring in Indigenous studies), and a *Bachelor of Business* (majoring in tourism and hospital-ity management).

Graduating with two degrees, of course there were two graduation ceremonies, one for *Arts*, in blue, and the other for *Business*—in yellow. Kerran was able to graduate alongside her twin sister *Karleah* who graduated with a *Bachelor of Arts (Hons) in creative writing*. We might have to call on this skill sometime Karleah!



How wonderful for their parents and how proud they all must be.



To add to this, Kerran will be awarded the *Tourism Council Western Australia Award for Excellence in Tourism and Hospitality*

Prize. She will receive this at ECU's School of Business and Law Student Prize Ceremony on April 3.

Another feather in her cap was the publishing of her article in a Sabah journal—*"Perth to Paradise: An Australian student's experience in Sabah"* following a study tour there last year with Ross and Wendy Dowling.

Kerran reported—*"I am now beginning a Master of Business by Research, again at ECU, during which I hope to consider the eco and cultural aspects of tourism through a focus on geo-tourism potential at Rottnest Island*.

What an amazing couple of young women. Our Club couldn't be happier being associated with them and we wish them all the best for their future careers.

Awards & Scholarships Open

2019

ZONTA INTERNATIONAL

YOUNG WOMEN IN PUBLIC AFFAIRS AWARD

Recognizing young women for their commitment to volunteerism, volunteer leadership achievements and dedication to empowering women worldwide



1 APPLICATION, 3 OPPORTUNITIES

Club award Varies by club	32 district awards US\$1,500 each	10 international awards US\$4,000 each
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2019

ZONTA INTERNATIONAL

WOMEN IN TECHNOLOGY SCHOLARSHIP

Encouraging women to pursue education, career opportunities and leadership roles in technology



1 APPLICATION, 3 OPPORTUNITIES

Club award Varies by club	32 district awards US\$2,000 each	6 international awards US\$8,000 each
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Our Club is seeking applicants for its **Young Women in Public Affairs Award**. Members of our Service Committee have already started the process of advertising and connecting with schools in the northern suburbs. Enquiries should be made to **Allison Martin**—
alisonmartin00@gmail.com

If you know of a 16-19 year old student

who shows a commitment to volunteerism and an aptitude for leadership, please encourage her to apply.

This year has seen the announcement by Zonta International of a new scholarship—**Women in Technology**. To create a world in which men and women have equal opportunities, women need to

have an active role in technology and technological developments. This scholarship it is hoped will encourage women to pursue education, career opportunities and leadership roles in technology.

Enquiries can be made through our Club or our District 23 Coordinator—**Tyrril Houghton** via email—
houghton@westnet.com.au

Rejoined not recycled!

The Club was thrilled when former member **Marie Crane** applied to rejoin PNS and was inducted in February.

Volunteering started for Marie in her early 20s when she co-ordinated a care group for the relatives of the terminally ill in Girrawheen. Volunteering has since become a way of life for her. She is on several committees including Secretary of the Ledge Point Community Association. When she spoke to Committee Chairman Liz, she said—

“..... when I decided to cease full-time work last year, I realised that I missed the company, the passion and the fellowship of the ladies of Zonta PNS.”

Marie's professional career commenced in the Commonwealth Government in Brisbane, Canberra and Perth working in Customs, Foreign Affairs, Education and Social Security. She also studied to obtain a Diploma in Business Organisation and Management and Completed a Graduate MBA through the University of New England. It was largely during this time, working in policy-making, that

her social conscience and awareness developed. She became acutely aware, not only of the poverty and lack of opportunity within our great Country, but more importantly, the lack of awareness and education of such simple strategies to maximise finances and so improve one's lot in life.

Marie obtained a Diploma in Financial Planning, becoming Dux of the State in the year she graduated. She worked for a bank and private financial planning firms and eventually established her own Financial Planning Business.

Some three years ago, Marie started **'Ledge Point Candles'** as she loves candles and essential oils and mixing and perfecting them. She said ***"This will never make me a millionaire but it certainly speaks to my creative side and my passion for the scents."***

Since marrying Norm, previously a tour operator in the Kimberley, Marie has learned to enjoy his love of the outdoors and nature, being introduced to

camping, caravanning, fishing and catching the great western rock lobster



at their front door! But Marie's real passion is her three children and five grand-children and making the world that they age in a much better place. She sees this as her life purpose!

She said—*"I am excited to be re-joining Zonta and thank the ladies of PNS for this opportunity."* And, our members are excited to have you back Marie!

New Faces from new places

It pays to persevere and that's just what our Membership Committee has been doing over the last year. March saw the induction of three lovely members with a few 'prospectives' waiting in the wings! Of course, Club growth is the responsibility of all members but Liz and her team are doing a great job.

Shown here L-R are **Sue Sofoullis**, **Vicky Botha** and **Tanya Davies**.

Sue was introduced to the Club through former member Marie Crane who rejoined PNS in February. They are neighbours in Ledge Point where Sue is involved with a number of local community groups. After marrying and starting a family, Sue studied towards a Degree in Business and Education.

With this behind her Sue taught IT and business at Perth College which set her career going. She became head of IT, developed curriculum materials for the new TEE IT syllabus and was the Professional Development presenter and Marker for this new course.

Following this, Sue undertook some part-time lecturing at TAFE after which she retired from teaching. She then set up her own bookkeeping business and

became a registered BAS agent. She is now fully retired but manages the accounts for her and husband Nic's cray fishing business. They have two adult children and five grandchildren. Sue is of Irish descent and Nic, Greek. Sue said—**"Lucky he can cook because I don't!"**

Both **Vicky** and **Tanya** have been members of Zonta clubs in Queensland, Vicky transferring recently from Mt Isa and Tanya while living in Toowoomba some years ago.

In her own words here's Vicky's story.



Sue's hobbies are reading, knitting and sewing, she loves to travel and likes eating out.

When asked the reason for joining Zonta, Sue said—**"To be part of something that helps women and to improve my own awareness of the issues."**

"After the completion of my Bachelor of Commerce degree at the University of Johannesburg, I commenced work in the field of Supply Chain Management. Working mostly in food and beverage manufacturing, I have always loved the role of being a planner.

I moved to Australia 12 years ago and have not regretted the move for a moment! The last 4 years have been spent in Out-back Queensland where I

was the Events and Entertainment Coordinator for the three largest venues in the city. It was completely different to anything I had done before, but it was a pleasure working in the community and forming such strong bonds there.

I connected with the lovely ladies of the Mount Isa Zonta club in 2018, as I was

Vicky's story continued ...

responsible for the planning of their annual IWD dinner—which had 400 guests!"

Vicky's reason for joining Zonta—

"I think Zonta does wonderful work in the community through service and advocacy and I would love to be part of that, to make a difference in my local community."

Vicky and husband Daniel have three wonderful children who all attend a northern suburbs' primary school. In her spare time Vicky is keen on amateur photography and loves science fiction novels and most kinds of sport!

On the other hand, **Tanya**, as we heard at our March dinner meeting, has led a very interesting life with a career spanning several areas.

After leaving school and completing an apprenticeship in hairdressing, Tanya owned her own salons for 20+ years. During this time she gained qualifications to teach hairdressing and then later updated her TAE and teaching

Certificate IV in Mental Health and Peer Support.

While hairdressing, Tanya became aware that more and more clients would confide in her, spilling out their life's concerns and worries. She was acting more as a counsellor than a hairdresser! Tanya was already on the path of self-development and alternative therapies and was inspired to empower people through her new outlook on life.

Through the last 30 years Tanya has obtained many qualifications including several in mental health. Her wide range of skills has seen the creation of various classes and courses delivering these to main stream organisations.

Tanya is the Founder and Manager of **Empowering Happiness**, an International Holistic Therapy, Training & Support Company and also the founder and manager of **Salon Belle Femme**, the first of its kind for Holistic Hair, Body, Heart and Beauty Therapy Empowerment for Women. Tanya operates her business in Perth, online in Australia and overseas from her studio space at home to

accommodate and have maximum time with her husband and their three teenage kids. **It was John's work that brought them to Perth.**

Tanya was raised in Queensland. Her hobbies are reading books daily, learning and studying, writing, art, yoga and dancing, running support groups, being outside in nature, exploring and visiting new places, meeting new people, going to music festivals and spending time with her family. She is currently completing a diploma in counselling and would like to further her education in psychology. And she has time for Zonta!

The reason she joined—**"To be around positive and inspiring others, who are choosing to take the time to contribute to more than just their inner circle, and make the community and world a greater place, in kind caring and thoughtful ways."** **The fact that Zonta is about Women's Empowerment and Global contribution, is truly exciting to her.**

We welcome all four new members and look forward to working with them to further the ideals and Objects of Zonta.



Simone Burns & Faith O'Brien



Karen Groves, Judy Gorton, Dr Luc and Sandra Burns



Guest Speaker Amy Carter-James, President Linda Tinning, Daphne Schilizzi and Pam Backman



Noga Pisk, Ela Amor-Robertson and Nowah Moore from the Cyril Jackson Senior Campus

IWD breakfast this year was the best ever and well supported which was so rewarding considering all the work that goes into its organisation. From the Club's point of view it was a Team effort.

We thank everyone who came along and especially wish to thank the supporters and donors of the raffle prizes—*Ambrose Estate* (venue), *Como the Treasury* (night's accommodation and breakfast), *Clementine Flowers* (yellow roses), *Mells* (perfume), *Sandalford Wines* (luncheon voucher) and *Councillor Elizabeth Re* (pot plant).

The raffle winners were—*Peter Wyder*, *Letitia Depiazzi*, *Deb Froome* and *Tina Marsala* (clockwise from Peter).

Amy was thanked by Marilyn Ide and presented with some roses and a gift. Marilyn also suggested that because so many of our members travel these days, that she might like to propose a group 'get-away' to the Guludo Beach Lodge! If anyone would like to learn more about Amy and her work, here are two more websites— www.amycarterjames.com and www.ripply.xyz.



Around the Club & Special Dates

Annual Reports

With our Zonta (financial) year looming and AGM in May, committee and other reports will be required soon. Those members involved with this task should start thinking about preparing theirs and getting it to Alison **no later than 30 March** for her to pull it all together.

Committee Reviews

Liz recently emailed members a '**Club Committee Form**'. If you would like to change from your current committee or take on a new role, **please complete this form and email it to President Linda—ltinning@bigpond.net.au by 30 April** so that any adjustments can be put in place by our change-over meeting in June.

Committees that our new members will be joining are—

Vicky Botha	Service & Advocacy
Marie Crane	Membership
Tanya Davies	Fundraising
Sue Sofoulls	Fundraising

Chairmen are always very pleased to **welcome additional 'hands' to their committees!**

Quiz Night—3 May

Members, this fundraiser will loom up much faster than you think.

Vicki and Genevieve are keen to start collecting raffle and silent auction items for what we hope will be our biggest money spinner for the year.

Please bring to our April meeting anything that you would like to donate, or make arrangements with Vicki or Genevieve for a 'drop-off' point.

Sewing morning

If you're available on **Tuesday 19 March at 9.30 am** pop along to Kath's for a morning of cushion making. These are always in demand, unfortunately. All welcome.

Area 3 Workshop—23 March

There's still time to register for our Area Workshop. Go to this link—

<https://www.eventbrite.com.au/e/area-3-workshop-for-2019-hosted-by-zonta-club-of-peel-tickets-55698575940>

These events create great opportunities to meet and make friends with

Zontians from other clubs as well as providing a platform for learning in a **relaxed and 'family' atmosphere. It's something that should be on your Zonta calendar!**

Combined Districts' Conference—6-8 September

On 6 March Alison emailed the latest newsletter and information for our **combined Districts' conference. If you plan to attend, it's time to register and take advantage of the 'early bird' fee, ie**

by 30 June	\$250
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After this the fees increase, ie

1-31 July	\$290
1-31 August	\$320

The closing date for registrations is 31 August 2019.

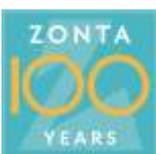
This Brisbane Conference is not to be missed as it will be a "one-off event" and the only time you will have to celebrate Zonta International's 100th Anniversary with members from right across Australia and New Zealand! Being able to do this will be very special as it's a 'once-in-a-lifetime' opportunity.

This **year's Entertainment Books** are now available to order, but firstly, we would

like to thank everyone who helped with this fundraiser last year. Your support is very much appreciated as it assists the Club to raise much needed funds for its community programs and projects.

If you would like to help our Zonta Club in this way, or simply wish to renew your membership, please go to this link—

<https://www.entertainmentbook.com.au/orderbooks/831r41>



Area 3 Centenary Update

At the Presidents' meeting last month, it was decided to not hold the **combined clubs' celebratory dinner** on 9 November, but rather, **encourage members to support the events of the other Area 3 clubs that are being held throughout the rest of the biennium.** There is still the possibility of holding a less formal get-together somewhere.

In this regard many of the clubs have already planned special functions and/or events that will promote and draw attention to the Centenary.

Area 3 Director, Faith O'Brien, has asked Presidents to forward to her the dates and details of these so that a combined calendar can be drawn up. In this way, **it is hoped that there won't be a clash of dates and so allow Zontians, if they feel so inclined, to support each other's celebrations.** This was evident for some IWD events.

At an Area level, negotiations are being held to arrange a State reception at Parliament House, although the number of invitees will necessarily be restricted. Plans are also afoot to have Trafalgar

Bridge (located in East Perth at Claisebrook Cove) lit up. We may also be able to have some text displayed on Council House but this is by no means certain.

Despite having to cancel the November dinner, our Club will be focusing on its **YWPA Award night on 14 August** and **Lucy Bohan Nursing Bursary event on 6 November.** We will also be promoting the Centenary celebrations at every opportunity.

Click [here](#) for more information about the Centenary and ZI's history.

Zonta 'Cushion Lady'

Ever wondered how our **Zonta Breast Cushion** came about? Well it was through **Ann Selle OAM** (pictured here) from the **ZC of Botany Bay**. It was in 1994 that Ann, with the input of nursing staff, designed and developed the cushion. The idea came from a friend who had had a partial mastectomy and had been given a crescent-shaped cushion which she found gave comfort while sleeping.



The Botany Bay Club then set about making and distributing these cushions as a service project. It was so successful that in 2001 they became a national service project of Zonta clubs throughout Australia.

In Western Australia they are produced by Zonta members, associated craft groups and Bandyup Women's Prison

(as a community service in association with WA Zonta clubs). The costs of this project are met by the clubs through fundraising and donations of materials and gifts from grateful recipients.

Cushions are supplied to metropolitan and country hospitals and cancer support groups. As most members know, our **Coordinator here is Elaine Newman** (ZC of Swan Hills). In Western Australia alone, over 1,000 cushions are distributed each year. That is why **Kath's assembly days are so worthwhile**. The demand never ceases.

Ann's work continues. In 2017, while touring Sri Lanka, she visited the **Zonta Club of Colombo II, District 25**. During discussions, it was discovered that many Sri Lankan patients have late diagnosis and higher mortality than in other countries. The two clubs raised money and a workshop was held in 2019. Two Australian specialists provided training to 48 nurses and 8 doctors. It was a great success and club members hope

follow-up training will be completed within the year.

Sri Lanka's Ministry of Health has recommended that breast care nurses be recognized and receive further training and also, that breast cancer centres be established across the country.

Had it not been for Ann's vision and the organizational skills of a Colombo II member, these outcomes would not have occurred. Of course, the added benefit is a lasting friendship between these two clubs. A great example of how clubs can work globally. So, Ann, **congratulations**. As the saying goes—
"From little things big things grow."



FORTHCOMING FUNDRAISERS see Flyers attached for further information and bookings

Let's grow old together disgracefully!! HAPPY BIRTHDAY 'gals'

- March 10 Sue Pertile (belated)
- March 18 **Marie Crane** (")
- March 22 Jean Wyder



- April 5 **Irene O'Leary**
- April 8 Dawn & Elaine
- April 22 Marion Brown
- April 27 Karri Coles



Alison had the opportunity last week to meet **Di Annear** (l) and former member

Margaret Field for lunch and a catch-up. Di, our **Club's Woman of Achievement Awardee in 2011**, was one of the group instrumental in setting up the **Zonta Refuge**. Later on she worked with the **Women's Legal Referral Service** assisting domestic violence victims with property settlements. Despite the success of the **WLRS, unfortunately it didn't continue**.

In their respective domains, Margaret and Di were wonderful advocates and inspirational in the work they did for women in domestic violence situations.

"Alright then, I'll get out and you can carry on!"



The birds that visit my garden never cease to amaze me! (Ed.)



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